



2010 Cumbria Age Groups
Under ASA Laws & ASA Technical Rules of Swimming
Session 5

EVENT 61 Girls 09 Yrs/Over 200m Breaststroke

09 Yrs/Over Age Group

Place	Name	AaD	Club	Time	Points	50	100	150
1	Grace Newlands	15	Copeland	2:41.47	636	37.35	1:18.07	2:00.94
2	Lucy Johnson	16	Cockermouth	2:49.31	552	38.36	1:20.71	2:04.33
3	Lucy McKenzie	12	Cockermouth	2:50.25	543	38.82	1:22.66	2:06.72
4	Kathryn Routledge	15	Carlisle WP	2:50.33	542	38.71	1:21.42	2:05.32
5	Charlotte Horner	16	Copeland	2:51.35	532	38.70	1:21.70	2:05.89
6	Karlie Stockdale	14	Barrow	2:52.33	523	39.65	1:23.48	2:08.05
7	Laura Huggon	18	Penrith	2:52.50	522	39.25	1:22.69	2:07.43
8	Kirkby Kavanagh	14	Barrow	2:53.17	516	37.63	1:20.93	2:06.65
9	Anna Broadbent	14	Cockermouth	2:54.34	506	39.07	1:22.99	2:08.85
10	Courtney Mossop	17	Copeland	2:57.31	481	39.72	1:25.39	2:10.88
11	Emily Richardson	14	Co Carlisle	2:58.10	474	39.83	1:25.18	2:12.14
12	Charlotte Hill	13	Ulverston	2:58.58	470	39.40	1:24.60	2:12.18
13	Becky Walley	13	Copeland	2:59.01	467	40.64	1:26.47	2:13.42
14	Judith Hattle	49	Co Carlisle	2:59.06	467	41.56	1:26.99	2:12.97
15	Georgia Hevey	14	Ulverston	3:03.41	434	38.98	1:24.31	2:12.66
16	Anna Newlands	12	Copeland	3:03.43	434	41.89	1:29.29	2:16.50
17	Joanna Yates	14	Barrow	3:06.91	410	42.21	1:29.78	2:17.99
18	Courtney Watson	13	Cockermouth	3:07.19	408	43.61	1:30.75	2:19.44
19	Shannon Mossop	14	Copeland	3:07.47	407	43.10	1:31.55	2:21.11
20	Catherine Trafford	14	Cockermouth	3:08.74	398	39.26	1:27.18	2:17.80
21	Paige Jackson	13	Workington	3:08.95	397	42.56	1:31.09	2:20.42
22	Zarina Wilson	12	Ulverston	3:10.03	390	42.69	1:31.24	2:20.77
23	Sophie McMillan	14	Carlisle WP	3:10.63	387	42.31	1:31.50	2:21.91
24	Stephanie Booth	12	Troutbeck Br	3:11.35	382	43.54	1:31.75	2:22.43
25	Ella Chester	12	Barrow	3:16.00	356	41.99	1:31.18	2:23.67
26	Charlotte Williamson	12	Workington	3:17.06	350	43.77	1:33.05	2:25.28
27	Laura Potts	15	Co Carlisle	3:18.30	344	42.74	1:33.78	2:26.29

28	Lauren Watson	13	Co Carlisle	3:23.27	319	47.63	1:39.00	2:32.34
29	Rebecca Lightowler	12	Carlisle WP	3:23.35	319	46.05	1:38.69	2:32.44
30	Jessica Rose	12	Carlisle WP	3:25.07	311	46.92	1:39.87	2:33.60
31	Rebecca Clark	11	Cockermouth	3:25.34	309	45.09	1:38.05	2:32.29
32	Annabel Smith	11	Ulverston	3:26.34	305	47.67	1:41.22	2:35.33
33	Phoebe Wilson	10	Co Carlisle	3:26.40	305	47.70	1:40.80	2:34.53
34	Clara Minnican	13	Barrow	3:26.84	303	45.17	1:38.31	2:32.80
35	Lucy-Jane Wilson	11	Carlisle WP	3:27.39	300	47.34	1:39.77	2:35.08
36	Ruth McEwen	11	Barrow	3:28.61	295	49.07	1:43.97	2:38.47
37	Isabel Postlethwaite	10	Copeland	3:31.18	284	49.88	1:44.81	2:38.49
38	Zara McKnight	10	Co Carlisle	3:31.29	284	49.71	1:43.67	2:38.36
39	Larissa Watson	11	Workington	3:33.95	274	48.87	1:44.29	2:39.76
40	Rebecca McMinn	10	Workington	3:35.21	269	50.50	1:45.63	2:41.26
41	Amber Patterson	11	Co Carlisle	3:36.94	262	48.93	1:45.08	2:41.75
42	Wendy Winter	10	Kendal	3:37.62	260	48.61	1:44.74	2:41.93
43	Rhiannon Ellis	10	Barrow	3:38.03	258	50.56	1:46.98	2:43.46
44	Rebecca Fell	9	Ulverston	3:39.15	255	50.21	1:46.19	2:43.03
45	Sophie Little	10	Workington	3:46.60	230	52.55	1:50.23	2:48.67
46	Sarah Lightowler	10	Carlisle WP	3:49.09	223	51.90	1:51.99	2:52.01
47	Laura Davison	10	Co Carlisle	3:50.93	218	53.47	1:52.89	2:52.37
48	Jasmin Pritt	9	Workington	3:53.60	210	53.84	1:54.17	2:54.82
49	Maia Johl	10	Penrith	3:54.02	209	52.67	1:52.41	2:53.94
50	Megan Roper	9	Ulverston	3:57.47	200	52.86	1:53.63	2:55.94
51	Imogen Burrow	9	Kendal	3:59.77	194	57.40	1:59.36	2:57.85
52	Victoria Swan	9	Ulverston	4:00.79	192	53.64	1:55.98	2:59.89
53	Emily Reay	9	Kendal	4:05.51	181	57.60	2:02.41	3:05.57
54	Alex Messenger	9	Copeland	4:06.91	178	58.55	2:03.08	3:06.53
55	Charlotte Stamper	9	Copeland	4:07.46	177	57.96	2:02.35	3:06.10
56	Lauren Cooley	9	Cockermouth	4:14.09	163	55.95	2:01.15	3:07.66
57	Frances Nutley	9	Carlisle WP	4:19.96	152	1:00.98	2:07.58	3:15.62
	Chelsea Atkinson	11	Cockermouth	DQ T-3L				
	Amelia Wilson	9	Carlisle WP	DQ T-4L				

09 Yrs Age Group

Place	Name	AaD	Club	Time	Points	50	100	150
1	Rebecca Fell	9	Ulverston	3:39.15	255	50.21	1:46.19	2:43.03
2	Jasmin Pritt	9	Workington	3:53.60	210	53.84	1:54.17	2:54.82
3	Megan Roper	9	Ulverston	3:57.47	200	52.86	1:53.63	2:55.94

4 Imogen Burrow	9	Kendal	3:59.77	194	57.40	1:59.36	2:57.85
5 Victoria Swan	9	Ulverston	4:00.79	192	53.64	1:55.98	2:59.89
6 Emily Reay	9	Kendal	4:05.51	181	57.60	2:02.41	3:05.57
7 Alex Messenger	9	Copeland	4:06.91	178	58.55	2:03.08	3:06.53
8 Charlotte Stamper	9	Copeland	4:07.46	177	57.96	2:02.35	3:06.10
9 Lauren Cooley	9	Cockermouth	4:14.09	163	55.95	2:01.15	3:07.66
10 Frances Nutley	9	Carlisle WP	4:19.96	152	1:00.98	2:07.58	3:15.62
Amelia Wilson	9	Carlisle WP	DQ T-4L				

10 Yrs Age Group

Place	Name	AaD	Club	Time	Points	50	100	150
1	Phoebe Wilson	10	Co Carlisle	3:26.40	305	47.70	1:40.80	2:34.53
2	Isabel Postlethwaite	10	Copeland	3:31.18	284	49.88	1:44.81	2:38.49
3	Zara McKnight	10	Co Carlisle	3:31.29	284	49.71	1:43.67	2:38.36
4	Rebecca McMinn	10	Workington	3:35.21	269	50.50	1:45.63	2:41.26
5	Wendy Winter	10	Kendal	3:37.62	260	48.61	1:44.74	2:41.93
6	Rhiannon Ellis	10	Barrow	3:38.03	258	50.56	1:46.98	2:43.46
7	Sophie Little	10	Workington	3:46.60	230	52.55	1:50.23	2:48.67
8	Sarah Lightowler	10	Carlisle WP	3:49.09	223	51.90	1:51.99	2:52.01
9	Laura Davison	10	Co Carlisle	3:50.93	218	53.47	1:52.89	2:52.37
10	Maia Johl	10	Penrith	3:54.02	209	52.67	1:52.41	2:53.94

11 Yrs Age Group

Place	Name	AaD	Club	Time	Points	50	100	150
1	Rebecca Clark	11	Cockermouth	3:25.34	309	45.09	1:38.05	2:32.29
2	Annabel Smith	11	Ulverston	3:26.34	305	47.67	1:41.22	2:35.33
3	Lucy-Jane Wilson	11	Carlisle WP	3:27.39	300	47.34	1:39.77	2:35.08
4	Ruth McEwen	11	Barrow	3:28.61	295	49.07	1:43.97	2:38.47
5	Larissa Watson	11	Workington	3:33.95	274	48.87	1:44.29	2:39.76
6	Amber Patterson	11	Co Carlisle	3:36.94	262	48.93	1:45.08	2:41.75
	Chelsea Atkinson	11	Cockermouth	DQ T-3L				

12 Yrs Age Group

Place	Name	AaD	Club	Time	Points	50	100	150
1	Lucy McKenzie	12	Cockermouth	2:50.25	543	38.82	1:22.66	2:06.72
2	Anna Newlands	12	Copeland	3:03.43	434	41.89	1:29.29	2:16.50
3	Zarina Wilson	12	Ulverston	3:10.03	390	42.69	1:31.24	2:20.77
4	Stephanie Booth	12	Troutbeck Br	3:11.35	382	43.54	1:31.75	2:22.43

5	Ella Chester	12	Barrow	3:16.00	356	41.99	1:31.18	2:23.67
6	Charlotte Williamson	12	Workington	3:17.06	350	43.77	1:33.05	2:25.28
7	Rebecca Lightowler	12	Carlisle WP	3:23.35	319	46.05	1:38.69	2:32.44
8	Jessica Rose	12	Carlisle WP	3:25.07	311	46.92	1:39.87	2:33.60
13 Yrs Age Group								
Place	Name	AaD	Club	Time	Points	50	100	150
1	Charlotte Hill	13	Ulverston	2:58.58	470	39.40	1:24.60	2:12.18
2	Becky Walley	13	Copeland	2:59.01	467	40.64	1:26.47	2:13.42
3	Courtney Watson	13	Cockermouth	3:07.19	408	43.61	1:30.75	2:19.44
4	Paige Jackson	13	Workington	3:08.95	397	42.56	1:31.09	2:20.42
5	Lauren Watson	13	Co Carlisle	3:23.27	319	47.63	1:39.00	2:32.34
6	Clara Minnican	13	Barrow	3:26.84	303	45.17	1:38.31	2:32.80
14 Yrs Age Group								
Place	Name	AaD	Club	Time	Points	50	100	150
1	Karlie Stockdale	14	Barrow	2:52.33	523	39.65	1:23.48	2:08.05
2	Kirkby Kavanagh	14	Barrow	2:53.17	516	37.63	1:20.93	2:06.65
3	Anna Broadbent	14	Cockermouth	2:54.34	506	39.07	1:22.99	2:08.85
4	Emily Richardson	14	Co Carlisle	2:58.10	474	39.83	1:25.18	2:12.14
5	Georgia Hevey	14	Ulverston	3:03.41	434	38.98	1:24.31	2:12.66
6	Joanna Yates	14	Barrow	3:06.91	410	42.21	1:29.78	2:17.99
7	Shannon Mossop	14	Copeland	3:07.47	407	43.10	1:31.55	2:21.11
8	Catherine Trafford	14	Cockermouth	3:08.74	398	39.26	1:27.18	2:17.80
9	Sophie McMillan	14	Carlisle WP	3:10.63	387	42.31	1:31.50	2:21.91
15 Yrs Age Group								
Place	Name	AaD	Club	Time	Points	50	100	150
1	Grace Newlands	15	Copeland	2:41.47	636	37.35	1:18.07	2:00.94
2	Kathryn Routledge	15	Carlisle WP	2:50.33	542	38.71	1:21.42	2:05.32
3	Laura Potts	15	Co Carlisle	3:18.30	344	42.74	1:33.78	2:26.29
16 Yrs/Over Age Group								
Place	Name	AaD	Club	Time	Points	50	100	150
1	Lucy Johnson	16	Cockermouth	2:49.31	552	38.36	1:20.71	2:04.33
2	Charlotte Horner	16	Copeland	2:51.35	532	38.70	1:21.70	2:05.89
3	Laura Huggon	18	Penrith	2:52.50	522	39.25	1:22.69	2:07.43
4	Courtney Mossop	17	Copeland	2:57.31	481	39.72	1:25.39	2:10.88
5	Judith Hattle	49	Co Carlisle	2:59.06	467	41.56	1:26.99	2:12.97

EVENT 62 Boys 12 Yrs/Over 100m Backstroke

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	Points	50
1	Joe Elwood	16	Ulverston	58.21	632	28.50
2	Nathan Higgins	20	Carlisle WP	1:03.79	480	30.52
3	David Thompson	17	Barrow	1:05.34	447	31.65
4	James Magill	18	Carlisle WP	1:05.64	441	31.79
5	Alex Magill	16	Carlisle WP	1:06.05	433	31.65
6	Jamie Warwick	18	Carlisle WP	1:07.38	407	32.31
7	John Blain	17	Barrow	1:08.01	396	32.18
8	Ben Davis	18	Troutbeck Br	1:11.68	338	35.19
9	Alex Rose	16	Carlisle WP	1:12.03	333	34.45

15 Yrs Age Group

Place	Name	AaD	Club	Time	Points	50
1	Austin Wilson	15	Ulverston	1:05.65	440	31.87
2	Jack Barker	15	Co Carlisle	1:06.30	428	32.07
3	Benjamin Osborne	15	Barrow	1:07.71	401	32.69
4	Matthew Holmes	15	Barrow	1:08.11	394	33.32
5	Ben Clarke	15	Kendal	1:10.66	353	34.36
6	Ryan Wilkie	15	Carlisle WP	1:11.01	348	34.46
7	Jack Glenholmes	15	Carlisle WP	1:12.56	326	35.42

14 Yrs Age Group

Place	Name	AaD	Club	Time	Points	50
1	Fraser Minnican	14	Ulverston	1:00.88	552	29.97
2	Oliver Atkinson	14	Barrow	1:05.20	450	31.85
3	Curtis Corrie	14	Barrow	1:06.09	432	32.44
4	Haydn Birkett	14	Copeland	1:06.94	415	32.44
5	Jack Kenwright	14	Co Carlisle	1:07.07	413	33.43
6	Anthony Ryan	14	Co Carlisle	1:08.76	383	33.16
7	Andrew Kerr	14	Barrow	1:09.25	375	33.84
8	Cameron Jeal	14	Penrith	1:13.15	318	35.70
9	Jack Lee	14	Co Carlisle	1:13.20	318	35.77

13 Yrs Age Group

Place	Name	AaD	Club	Time	Points	50
1	Michael James Cheetham	13	Ulverston	1:10.82	351	34.57
2	Oliver Smith	13	Workington	1:11.36	343	34.56
3	Sam Routledge	13	Carlisle WP	1:13.89	309	35.48

4	Alistair Campbell	13	Co Carlisle	1:14.55	301	36.11
5	Scott Bailey	13	Copeland	1:16.02	284	36.72
6	Scott Munro-Bennett	13	Troutbeck Br	1:16.10	283	37.13
7	Paul Baldueza	13	Copeland	1:21.05	234	39.20

12 Yrs Age Group

Place	Name	AaD	Club	Time	Points	50
1	Thomas Millburn	12	Workington	1:09.72	368	34.02
2	Luke Greenbank	12	Cockermouth	1:09.97	364	34.06
3	Andrew Mullins	12	Co Carlisle	1:12.80	323	34.93
4	Charles McSkeane	12	Co Carlisle	1:15.04	295	36.55
5	Richard Stamper	12	Copeland	1:17.87	264	37.74
6	Matthew Ivison	12	Workington	1:22.46	222	39.97
7	Solomon White	12	Cockermouth	1:23.79	212	41.33
8	William Adams	12	Barrow	1:27.45	186	42.32

12 Yrs/Over Age Group

Place	Name	AaD	Club	Time	Points	50
1	Joe Elwood	16	Ulverston	58.21	632	28.50
2	Fraser Minnican	14	Ulverston	1:00.88	552	29.97
3	Nathan Higgins	20	Carlisle WP	1:03.79	480	30.52
4	Oliver Atkinson	14	Barrow	1:05.20	450	31.85
5	David Thompson	17	Barrow	1:05.34	447	31.65
6	James Magill	18	Carlisle WP	1:05.64	441	31.79
7	Austin Wilson	15	Ulverston	1:05.65	440	31.87
8	Alex Magill	16	Carlisle WP	1:06.05	433	31.65
9	Curtis Corrie	14	Barrow	1:06.09	432	32.44
10	Jack Barker	15	Co Carlisle	1:06.30	428	32.07
11	Haydn Birkett	14	Copeland	1:06.94	415	32.44
12	Jack Kenwright	14	Co Carlisle	1:07.07	413	33.43
13	Jamie Warwick	18	Carlisle WP	1:07.38	407	32.31
14	Benjamin Osborne	15	Barrow	1:07.71	401	32.69
15	John Blain	17	Barrow	1:08.01	396	32.18
16	Matthew Holmes	15	Barrow	1:08.11	394	33.32
17	Anthony Ryan	14	Co Carlisle	1:08.76	383	33.16
18	Andrew Kerr	14	Barrow	1:09.25	375	33.84
19	Thomas Millburn	12	Workington	1:09.72	368	34.02
20	Luke Greenbank	12	Cockermouth	1:09.97	364	34.06
21	Ben Clarke	15	Kendal	1:10.66	353	34.36

22 Michael James Cheetham	13	Ulverston	1:10.82	351	34.57
23 Ryan Wilkie	15	Carlisle WP	1:11.01	348	34.46
24 Oliver Smith	13	Workington	1:11.36	343	34.56
25 Ben Davis	18	Troutbeck Br	1:11.68	338	35.19
26 Alex Rose	16	Carlisle WP	1:12.03	333	34.45
27 Jack Glenholmes	15	Carlisle WP	1:12.56	326	35.42
28 Andrew Mullins	12	Co Carlisle	1:12.80	323	34.93
29 Cameron Jeal	14	Penrith	1:13.15	318	35.70
30 Jack Lee	14	Co Carlisle	1:13.20	318	35.77
31 Sam Routledge	13	Carlisle WP	1:13.89	309	35.48
32 Alistair Campbell	13	Co Carlisle	1:14.55	301	36.11
33 Charles McSkeane	12	Co Carlisle	1:15.04	295	36.55
34 Scott Bailey	13	Copeland	1:16.02	284	36.72
35 Scott Munro-Bennett	13	Troutbeck Br	1:16.10	283	37.13
36 Richard Stamper	12	Copeland	1:17.87	264	37.74
37 Paul Baldueza	13	Copeland	1:21.05	234	39.20
38 Matthew Ivison	12	Workington	1:22.46	222	39.97
39 Solomon White	12	Cockermouth	1:23.79	212	41.33
40 William Adams	12	Barrow	1:27.45	186	42.32

EVENT 63 Girls 09 Yrs/Over 50m Butterfly

09 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Megan Roper	9	Ulverston	42.51	212
2	Rebecca Fell	9	Ulverston	44.21	189
3	Emily Reay	9	Kendal	45.85	169
4	Victoria Swan	9	Ulverston	51.13	122

10 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Rebecca Robertshaw	10	Carlisle WP	37.94	299
2	Sarah Lightowler	10	Carlisle WP	39.34	268
3	Zara McKnight	10	Co Carlisle	41.17	234
3	Laura Davison	10	Co Carlisle	41.17	234
5	Eve White	10	Co Carlisle	41.27	232
6	Rebecca McMinn	10	Workington	41.62	226
7	Phoebe Wilson	10	Co Carlisle	42.89	207
8	Isabel Postlethwaite	10	Copeland	43.16	203

	9	Sophie Little	10	Workington	44.08	190
	10	Hannah Messenger	10	Co Carlisle	44.77	182
	11	Rhiannon Ellis	10	Barrow	45.57	172
	12	Katie Suitor	10	Workington	47.12	156
09 Yrs/Over Age Group						
Place	Name	AaD	Club	Time	Points	
	1	Ashleigh Dale	15	Barrow	30.27	588
	2	Laura Huggon	18	Penrith	30.94	551
	3	Judith Hattle	49	Co Carlisle	31.34	530
	4	Lucy McKenzie	12	Cockermouth	31.44	525
	5	Helen Asquith	26	Cockermouth	31.54	520
	6	Katie Bell	17	Cockermouth	31.78	508
	7	Ashleigh Backhouse	12	Co Carlisle	31.89	503
	8	Amy Richardson	15	Co Carlisle	31.97	499
	9	Anna Newlands	12	Copeland	32.07	494
	10	Katrina MacColl	17	Co Carlisle	32.43	478
	11	Anna Broadbent	14	Cockermouth	32.44	478
	12	Kathryn Routledge	15	Carlisle WP	32.57	472
	13	Justine Marshall	13	Kendal	32.65	469
	14	Grace Newlands	15	Copeland	32.82	461
	15	Bethany Titterington	15	Penrith	32.89	458
	16	Karlie Stockdale	14	Barrow	33.01	453
	17	Victoria Hevey	17	Ulverston	33.02	453
	18	Lorna Hughes	16	Workington	33.13	449
	19	Katie Louise Gunson	14	Ulverston	33.20	446
	20	Jenny Mather	14	Penrith	33.23	444
	21	Samantha E A Blundell	14	Ulverston	33.29	442
	22	Lucy Warwick	16	Carlisle WP	33.40	438
	23	Becky Walley	13	Copeland	33.43	437
	24	Sophie McMillan	14	Carlisle WP	33.50	434
	25	Ella Chester	12	Barrow	33.51	433
	26	Kirkby Kavanagh	14	Barrow	33.74	425
	27	Clara Minnican	13	Barrow	33.82	422
	28	Georgia Denney	14	Kendal	33.89	419
	29	Georgia Hevey	14	Ulverston	34.02	414
	30	Hannah Fowler	13	Workington	34.08	412
	31	Hannah Noble	19	Troutbeck Br	34.81	387

32 Joanna Yates	14	Barrow	35.62	361
33 Katie Higgins	13	Carlisle WP	35.85	354
34 Rebecca Reid	13	Barrow	35.88	353
35 Catherine Trafford	14	Cockermouth	35.91	352
36 Lisa Foy	14	Ulverston	35.92	352
37 Laura Marr	14	Copeland	35.98	350
38 Ruth McEwen	11	Barrow	36.90	325
39 Paige Jackson	13	Workington	36.98	323
40 Caitlin McNaughton	12	Co Carlisle	37.37	313
41 Hollie Rothwell	13	Kendal	37.42	311
42 Ashton Ridgway	11	Barrow	37.46	310
43 Emma Studholme	16	Carlisle WP	37.60	307
44 Rebecca Robertshaw	10	Carlisle WP	37.94	299
45 Niamh Johnson	13	Barrow	37.96	298
46 Amie Ivison	11	Workington	38.58	284
47 Chloe Carr	11	Copeland	38.62	283
48 Heather Dawson	12	Barrow	38.90	277
49 Lucy Mather	12	Penrith	38.93	276
50 Caitlin Wren	11	Barrow	38.94	276
51 Sarah Lightowler	10	Carlisle WP	39.34	268
52 Lucy-Jane Wilson	11	Carlisle WP	39.74	260
53 Charlotte Williamson	12	Workington	39.78	259
54 Elizabeth Perkins	11	Kendal	40.60	244
55 Zara McKnight	10	Co Carlisle	41.17	234
55 Laura Davison	10	Co Carlisle	41.17	234
57 Eve White	10	Co Carlisle	41.27	232
58 Laura Moore	11	Copeland	41.46	229
59 Rebecca McMinn	10	Workington	41.62	226
60 Megan Roper	9	Ulverston	42.51	212
61 Phoebe Wilson	10	Co Carlisle	42.89	207
62 Isabel Postlethwaite	10	Copeland	43.16	203
63 Chelsea Atkinson	11	Cockermouth	43.26	201
64 Sophie Little	10	Workington	44.08	190
65 Rebecca Fell	9	Ulverston	44.21	189
66 Hannah Messenger	10	Co Carlisle	44.77	182
67 Rhianon Ellis	10	Barrow	45.57	172
68 Emily Reay	9	Kendal	45.85	169

69	Katie Sutor	10	Workington	47.12	156
70	Victoria Swan	9	Ulverston	51.13	122
	Rebecca Titterington	12	Penrith	DQ ST-	
	Zarina Wilson	12	Ulverston	DQ ST-	

11 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Ruth McEwen	11	Barrow	36.90	325
2	Ashton Ridgway	11	Barrow	37.46	310
3	Amie Ivison	11	Workington	38.58	284
4	Chloe Carr	11	Copeland	38.62	283
5	Caitlin Wren	11	Barrow	38.94	276
6	Lucy-Jane Wilson	11	Carlisle WP	39.74	260
7	Elizabeth Perkins	11	Kendal	40.60	244
8	Laura Moore	11	Copeland	41.46	229
9	Chelsea Atkinson	11	Cockermouth	43.26	201

12 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Lucy McKenzie	12	Cockermouth	31.44	525
2	Ashleigh Backhouse	12	Co Carlisle	31.89	503
3	Anna Newlands	12	Copeland	32.07	494
4	Ella Chester	12	Barrow	33.51	433
5	Caitlin McNaughton	12	Co Carlisle	37.37	313
6	Heather Dawson	12	Barrow	38.90	277
7	Lucy Mather	12	Penrith	38.93	276
8	Charlotte Williamson	12	Workington	39.78	259
	Rebecca Titterington	12	Penrith	DQ ST-	
	Zarina Wilson	12	Ulverston	DQ ST-	

13 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Justine Marshall	13	Kendal	32.65	469
2	Becky Walley	13	Copeland	33.43	437
3	Clara Minnican	13	Barrow	33.82	422
4	Hannah Fowler	13	Workington	34.08	412
5	Katie Higgins	13	Carlisle WP	35.85	354
6	Rebecca Reid	13	Barrow	35.88	353
7	Paige Jackson	13	Workington	36.98	323
8	Hollie Rothwell	13	Kendal	37.42	311

9	Niamh Johnson	13	Barrow	37.96	298
14 Yrs Age Group					
Place	Name	AaD	Club	Time	Points
1	Anna Broadbent	14	Cockermouth	32.44	478
2	Karlie Stockdale	14	Barrow	33.01	453
3	Katie Louise Gunson	14	Ulverston	33.20	446
4	Jenny Mather	14	Penrith	33.23	444
5	Samantha E A Blundell	14	Ulverston	33.29	442
6	Sophie McMillan	14	Carlisle WP	33.50	434
7	Kirkby Kavanagh	14	Barrow	33.74	425
8	Georgia Denney	14	Kendal	33.89	419
9	Georgia Hevey	14	Ulverston	34.02	414
10	Joanna Yates	14	Barrow	35.62	361
11	Catherine Trafford	14	Cockermouth	35.91	352
12	Lisa Foy	14	Ulverston	35.92	352
13	Laura Marr	14	Copeland	35.98	350
15 Yrs Age Group					
Place	Name	AaD	Club	Time	Points
1	Ashleigh Dale	15	Barrow	30.27	588
2	Amy Richardson	15	Co Carlisle	31.97	499
3	Kathryn Routledge	15	Carlisle WP	32.57	472
4	Grace Newlands	15	Copeland	32.82	461
5	Bethany Titterington	15	Penrith	32.89	458
16 Yrs/Over Age Group					
Place	Name	AaD	Club	Time	Points
1	Laura Huggon	18	Penrith	30.94	551
2	Judith Hattle	49	Co Carlisle	31.34	530
3	Helen Asquith	26	Cockermouth	31.54	520
4	Katie Bell	17	Cockermouth	31.78	508
5	Katrina MacColl	17	Co Carlisle	32.43	478
6	Victoria Hevey	17	Ulverston	33.02	453
7	Lorna Hughes	16	Workington	33.13	449
8	Lucy Warwick	16	Carlisle WP	33.40	438
9	Hannah Noble	19	Troutbeck Br	34.81	387
10	Emma Studholme	16	Carlisle WP	37.60	307

EVENT 64 Boys 10 Yrs/Over 400m Freestyle

10 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Daniel Cooper	10	Workington	5:59.68	217
2	Jordan Cooley	10	Cockermouth	6:00.70	215
3	Ben Gilmore	10	Workington	6:01.11	214

10 Yrs/Over Age Group

Place	Name	AaD	Club	Time	Points
1	Fraser Minnican	14	Ulverston	4:04.48	691
2	Joe Elwood	16	Ulverston	4:09.01	654
3	Curtis Corrie	14	Barrow	4:09.16	653
4	Ben Clarke	15	Kendal	4:30.20	512
5	John Blain	17	Barrow	4:31.22	506
6	Matthew Holmes	15	Barrow	4:31.35	505
7	James Magill	18	Carlisle WP	4:35.90	481
8	Thomas Millburn	12	Workington	4:36.31	478
9	Anthony Ryan	14	Co Carlisle	4:37.13	474
10	Andrew Kerr	14	Barrow	4:38.12	469
11	Benjamin Osborne	15	Barrow	4:42.55	447
12	Haydn Birkett	14	Copeland	4:45.73	433
13	Sam Routledge	13	Carlisle WP	4:45.98	432
14	Jack Barker	15	Co Carlisle	4:46.16	431
15	Ryan Wilkie	15	Carlisle WP	4:46.77	428
16	Alex Rose	16	Carlisle WP	4:47.98	423
17	Kieran Harrison	14	Carlisle WP	4:49.44	416
18	Oliver Smith	13	Workington	4:49.93	414
19	Scott Bailey	13	Copeland	4:50.01	414
20	Luke Greenbank	12	Cockermouth	4:51.07	409
21	Jack Lee	14	Co Carlisle	4:56.27	388
22	Ben Davis	18	Troutbeck Br	4:59.06	377
23	Michael James Cheetham	13	Ulverston	5:03.02	363
24	Charles McSkeane	12	Co Carlisle	5:03.13	362
25	Elliot Routledge	11	Workington	5:04.78	357
26	Richard Stamper	12	Copeland	5:07.33	348
27	Ben Leighton	11	Co Carlisle	5:10.97	336
28	Matthew Ivison	12	Workington	5:15.16	322
29	Paul Baldueza	13	Copeland	5:15.30	322
30	Christian Balmer	12	Cockermouth	5:17.22	316

31 Andrew McAlinden	14	Barrow				5:18.25				313						
32 Andrew Mullins	12	Co Carlisle				5:24.04				297						
33 Vincent Sue	12	Barrow				5:28.01				286						
34 Edward Baxter	11	Cockermouth				5:31.43				277						
	50m	39.55	100m	1:22.68	150m	2:06.28	200m	2:49.23	250m	3:32.11	300m	4:13.25	350m	4:52.99	400m	5:31.43
35 Joseph Sharpe	11	Barrow				5:32.31					275					
	50m	38.81	100m	1:21.87	150m	2:05.65	200m	2:48.90	250m	3:30.99	300m	4:12.90	350m	4:53.41	400m	5:32.31
36 Thom Noonan	11	Cockermouth				5:35.95					266					
	50m	39.29	100m	1:22.43	150m	2:06.59	200m	2:50.40	250m	3:33.68	300m	4:16.29	350m	4:57.73	400m	5:35.95
37 Daniel Ryan	11	Co Carlisle				5:42.79					251					
	50m	39.17	100m	1:23.24	150m	2:07.16	200m	2:50.83	250m	3:34.39	300m	4:18.22	350m	5:01.55	400m	5:42.79
38 Benjamin Farnworth	12	Workington				5:44.90					246					
	50m	37.83	100m	1:20.02	150m	2:03.34	200m	2:48.27	250m	3:33.04	300m	4:17.79	350m	5:02.41	400m	5:44.90
39 Toby Gibson	11	Co Carlisle				5:45.23					245					
	50m	38.79	100m	1:22.77	150m	2:06.99	200m	2:51.08	250m	3:34.80	300m	4:19.18	350m	4:59.69	400m	5:45.23
40 Morgan Cookman	11	Copeland				5:47.30					241					
	50m	39.20	100m	1:23.16	150m	2:08.01	200m	2:51.76	250m	3:36.16	300m	4:20.44	350m	5:04.34	400m	5:47.30
41 Daniel Cooper	10	Workington				5:59.68					217					
	50m	39.05	100m	1:25.01	150m	2:11.06	200m	2:56.64	250m	3:43.86	300m	4:30.16	350m	5:15.90	400m	5:59.68
42 Jordan Cooley	10	Cockermouth				6:00.70					215					
	50m	38.72	100m	1:26.03	150m	2:12.84	200m	2:58.95	250m	3:46.59	300m	4:33.83	350m	5:18.66	400m	6:00.70
43 Ben Gilmore	10	Workington				6:01.11					214					
	50m	40.67	100m	1:26.12	150m	2:12.48	200m	2:58.86	250m	3:45.36	300m	4:32.03	350m	5:18.69	400m	6:01.11

11 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Elliot Routledge	11	Workington	5:04.78	357
2	Ben Leighton	11	Co Carlisle	5:10.97	336
3	Edward Baxter	11	Cockermouth	5:31.43	277
4	Joseph Sharpe	11	Barrow	5:32.31	275
5	Thom Noonan	11	Cockermouth	5:35.95	266
6	Daniel Ryan	11	Co Carlisle	5:42.79	251
7	Toby Gibson	11	Co Carlisle	5:45.23	245
8	Morgan Cookman	11	Copeland	5:47.30	241

12 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Thomas Millburn	12	Workington	4:36.31	478
2	Luke Greenbank	12	Cockermouth	4:51.07	409
3	Charles McSkeane	12	Co Carlisle	5:03.13	362
4	Richard Stamper	12	Copeland	5:07.33	348
5	Matthew Ivison	12	Workington	5:15.16	322
6	Christian Balmer	12	Cockermouth	5:17.22	316
7	Andrew Mullins	12	Co Carlisle	5:24.04	297
8	Vincent Sue	12	Barrow	5:28.01	286
9	Benjamin Farnworth	12	Workington	5:44.90	246

13 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Sam Routledge	13	Carlisle WP	4:45.98	432
2	Oliver Smith	13	Workington	4:49.93	414
3	Scott Bailey	13	Copeland	4:50.01	414
4	Michael James Cheetham	13	Ulverston	5:03.02	363
5	Paul Baldueza	13	Copeland	5:15.30	322

14 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Fraser Minnican	14	Ulverston	4:04.48	691
2	Curtis Corrie	14	Barrow	4:09.16	653
3	Anthony Ryan	14	Co Carlisle	4:37.13	474
4	Andrew Kerr	14	Barrow	4:38.12	469
5	Haydn Birkett	14	Copeland	4:45.73	433
6	Kieran Harrison	14	Carlisle WP	4:49.44	416
7	Jack Lee	14	Co Carlisle	4:56.27	388
8	Andrew McAlinden	14	Barrow	5:18.25	313

15 Yrs Age Group

Place	Name	AaD	Club	Time	Points
1	Ben Clarke	15	Kendal	4:30.20	512
2	Matthew Holmes	15	Barrow	4:31.35	505
3	Benjamin Osborne	15	Barrow	4:42.55	447
4	Jack Barker	15	Co Carlisle	4:46.16	431
5	Ryan Wilkie	15	Carlisle WP	4:46.77	428

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	Points
1	Joe Elwood	16	Ulverston	4:09.01	654
2	John Blain	17	Barrow	4:31.22	506
3	James Magill	18	Carlisle WP	4:35.90	481
4	Alex Rose	16	Carlisle WP	4:47.98	423
5	Ben Davis	18	Troutbeck Br	4:59.06	377

EVENT 65 FINAL OF EVENT 63 Girls 09 Yrs 50m Butterfly

Place	Name	AaD	Club	Time	Points
1	Rebecca Fell	9	Ulverston	40.37	248
2	Megan Roper	9	Ulverston	40.62	243
3	Emily Reay	9	Kendal	44.46	186
4	Victoria Swan	9	Ulverston	48.35	144

EVENT 66 FINAL OF EVENT 63 Girls 10 Yrs 50m Butterfly

Place	Name	AaD	Club	Time	Points
1	Rebecca Robertshaw	10	Carlisle WP	38.22	292
2	Sarah Lightowler	10	Carlisle WP	38.92	277
3	Eve White	10	Co Carlisle	39.99	255
4	Laura Davison	10	Co Carlisle	40.42	247
5	Zara McKnight	10	Co Carlisle	40.46	246
6	Rebecca McMinn	10	Workington	44.37	187

EVENT 67 FINAL OF EVENT 62 Boys 16 Yrs/Over 100m Backstroke

Place	Name	AaD	Club	Time	Points	50
1	Joe Elwood	16	Ulverston	1:02.50	510	30.24
2	Nathan Higgins	20	Carlisle WP	1:03.76	481	30.85
3	David Thompson	17	Barrow	1:05.43	445	31.78
4	James Magill	18	Carlisle WP	1:05.56	442	31.74
5	Alex Magill	16	Carlisle WP	1:07.91	398	32.79
6	Jamie Warwick	18	Carlisle WP	1:08.66	385	32.68

EVENT 68 FINAL OF EVENT 62 Boys 15 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	Points	50
1	Jack Barker	15	Co Carlisle	1:04.08	474	31.06
2	Matthew Holmes	15	Barrow	1:04.49	465	32.14
3	Austin Wilson	15	Ulverston	1:05.10	452	31.43
4	Benjamin Osborne	15	Barrow	1:10.16	361	34.13
5	Ryan Wilkie	15	Carlisle WP	1:10.36	358	34.15
6	Ben Clarke	15	Kendal	1:11.16	346	34.60

EVENT 69 FINAL OF EVENT 62 Boys 14 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	Points	50
1	Fraser Minnican	14	Ulverston	1:02.48	511	30.88
2	Oliver Atkinson	14	Barrow	1:04.01	475	31.26
3	Curtis Corrie	14	Barrow	1:05.60	441	32.49
4	Jack Kenwright	14	Co Carlisle	1:06.49	424	32.42
5	Haydn Birkett	14	Copeland	1:08.79	383	32.89
6	Anthony Ryan	14	Co Carlisle	1:08.97	380	33.60

EVENT 70 FINAL OF EVENT 62 Boys 13 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	Points	50
1	Oliver Smith	13	Workington	1:08.92	381	33.21
2	Michael James Cheetham	13	Ulverston	1:10.70	353	33.93
3	Sam Routledge	13	Carlisle WP	1:13.83	310	35.60
4	Alistair Campbell	13	Co Carlisle	1:15.34	291	36.88
5	Scott Munro-Bennett	13	Troutbeck Br	1:17.80	265	36.70
6	Scott Bailey	13	Copeland	1:18.47	258	37.22

EVENT 71 FINAL OF EVENT 62 Boys 12 Yrs 100m Backstroke

Place	Name	AaD	Club	Time	Points	50
1	Luke Greenbank	12	Cockermouth	1:08.32	391	33.08
2	Thomas Millburn	12	Workington	1:09.85	366	33.93
3	Andrew Mullins	12	Co Carlisle	1:14.84	297	35.98
4	Charles McSkeane	12	Co Carlisle	1:15.74	287	37.06
5	Richard Stamper	12	Copeland	1:18.84	254	38.09
6	Matthew Ivison	12	Workington	1:22.83	219	39.41

EVENT 72 FINAL OF EVENT 63 Girls 09 Yrs/Over 50m Butterfly

Place	Name	AaD	Club	Time	Points
1	Laura Huggon	18	Penrith	30.00	604
2	Ashleigh Dale	15	Barrow	30.11	597
3	Helen Asquith	26	Cockermouth	30.48	576
4	Judith Hattle	49	Co Carlisle	31.31	531
5	Lucy McKenzie	12	Cockermouth	31.39	527
6	Katie Bell	17	Cockermouth	31.97	499

EVENT 73 FINAL OF EVENT 62 Boys 12 Yrs/Over 100m Backstroke

Place	Name	AaD	Club	Time	Points	50
1	Joe Elwood	16	Ulverston	58.27	630	28.70
2	Fraser Minnican	14	Ulverston	1:01.63	532	30.27
3	Nathan Higgins	20	Carlisle WP	1:04.03	475	30.90
4	David Thompson	17	Barrow	1:04.68	461	31.21
5	James Magill	18	Carlisle WP	1:06.36	426	32.28
6	Oliver Atkinson	14	Barrow	1:09.02	379	33.46

EVENT 74 FINAL OF EVENT 61 Girls 09 Yrs/Over 200m Breaststroke

Place	Name	AaD	Club	Time	Points	50	100	150
1	Grace Newlands	15	Copeland	2:41.02	642	37.56	1:18.44	1:59.75
2	Lucy Johnson	16	Cockermouth	2:47.40	571	37.39	1:18.66	2:01.66
3	Lucy McKenzie	12	Cockermouth	2:48.10	564	38.20	1:21.25	2:05.00
4	Kathryn Routledge	15	Carlisle WP	2:49.70	548	38.86	1:21.72	2:05.99
5	Charlotte Horner	16	Copeland	2:51.26	533	39.99	1:22.58	2:07.00
6	Karlie Stockdale	14	Barrow	2:52.90	518	39.11	1:23.11	2:07.94