



2010 Cumbria Age Groups
Under ASA Laws & ASA Technical Rules of Swimming
Session - 6

EVENT 75 Boys 09 Yrs/Over 200m Breaststroke

09 Yrs/Over Age Group

Place	Name	AaD	Club	Cat.	Time	FINA Pt	50	100	150
1	John Blain	17	Barrow		2:28.74	582	32.59	1:09.89	1:49.33
2	Jack Barker	15	Co Carlisle		2:32.20	543	34.02	1:14.17	1:54.45
3	Fraser Minnican	14	Ulverston		2:32.29	542	34.95	1:14.51	1:54.43
4	Joe Elwood	16	Ulverston		2:34.21	522	34.32	1:13.87	1:53.89
5	Ryan Clifford	17	Cockermouth		2:36.83	497	34.05	1:13.38	1:54.68
6	Jamie Warwick	18	Carlisle WP		2:38.67	479	34.98	1:15.89	1:57.61
7	Thomas Millburn	12	Workington		2:42.63	445	37.42	1:18.74	2:01.40
8	David Thompson	17	Barrow		2:43.13	441	36.15	1:17.45	2:00.36
9	Jack Glenholmes	15	Carlisle WP		2:45.30	424	36.59	1:19.16	2:02.22
10	Ben Clarke	15	Kendal		2:45.79	420	37.32	1:19.49	2:02.87
11	Curtis Corrie	14	Barrow		2:45.97	419	37.85	1:20.38	2:03.82
12	Jake Harrison	16	Carlisle WP		2:47.79	405	35.59	1:16.28	2:01.33
13	Ryan Wilkie	15	Carlisle WP		2:48.74	399	36.55	1:20.15	2:05.28
14	Benjamin Osborne	15	Barrow		2:51.18	382	37.73	1:21.41	2:06.16
15	Haydn Birkett	14	Copeland		2:52.68	372	39.99	1:24.14	2:09.53
16	Sam Routledge	13	Carlisle WP		2:53.14	369	38.12	1:22.62	2:07.93
17	Graham Pearson	57	Co Carlisle		2:54.16	363	39.28	1:23.39	2:08.74
18	Gordon Belbin	47	Ulverston		2:57.54	342	38.10	1:22.71	2:09.39
19	Jason Bell	15	Carlisle WP		2:57.67	342	39.63	1:25.57	2:11.90
20	Anthony Ryan	14	Co Carlisle		2:57.76	341	39.12	1:25.25	2:11.68
21	Scott Bailey	13	Copeland		2:58.21	338	40.44	1:27.39	2:14.34
22	Jack Richardson	12	Co Carlisle		2:59.58	331	41.00	1:27.81	2:15.38
23	Edward Baxter	11	Cockermouth		2:59.92	329	41.84	1:28.44	2:15.19
24	Joel Bland	13	Barrow		3:01.65	320	40.01	1:27.20	2:15.26
25	Cameron Jeal	14	Penrith		3:02.05	317	38.62	1:24.63	2:13.89

26 Paul Baldueza	13	Copeland	3:09.49	282	44.50	1:33.16	2:22.39
27 Richard Stamper	12	Copeland	3:09.73	280	45.46	1:33.84	2:23.76
28 Andrew Robinson	13	Carlisle WP	3:09.90	280	42.96	1:33.19	2:22.85
29 Michael James Cheetham	13	Ulverston	3:10.07	279	45.19	1:33.63	2:23.19
30 Vincent Sue	12	Barrow	3:11.97	271	44.75	1:33.82	2:23.48
31 Charles McSkeane	12	Co Carlisle	3:13.75	263	45.16	1:35.01	2:24.75
32 Elliot Routledge	11	Workington	3:14.94	259	44.74	1:36.04	2:27.15
33 Christian Balmer	12	Cockermouth	3:17.60	248	45.12	1:37.15	2:27.82
34 Nicholas Carlton	12	Troutbeck Br	3:19.84	240	-	1:35.28	2:26.75
35 Matthew Ivison	12	Workington	3:22.81	230	46.82	1:39.59	2:32.23
36 Ben Leighton	11	Co Carlisle	3:26.15	219	-	1:41.24	2:35.47
37 Zachary Lewis-Morgan	11	Ulverston	3:26.33	218	45.93	1:37.90	2:31.72
38 Thom Noonan	11	Cockermouth	3:35.21	192	-	1:45.35	2:41.91
39 Josh Russell	11	Co Carlisle	3:36.22	189	-	1:45.90	2:42.69
40 Joseph Sharpe	11	Barrow	3:37.26	187	50.32	1:46.41	2:43.49
41 Josh Millburn	9	Workington	3:37.27	187	49.34	1:45.32	2:42.28
42 Daniel Rhys Armstrong	11	Kendal	3:41.76	176	-	1:48.05	2:46.79
43 Luke Dalzell	10	Kendal	3:43.02	173	50.91	1:49.22	2:47.33
44 James McDougall	10	Carlisle WP	3:43.88	171	54.49	1:51.94	2:51.12
45 Jamie Warriner	10	Barrow	3:44.33	170	51.13	1:49.41	2:45.68
46 Daniel Cooper	10	Workington	3:44.44	169	51.52	1:49.38	2:47.45
47 Maxwell Hutchason	10	Barrow	3:44.65	169	51.90	1:49.64	2:50.26
48 Ben Gilmore	10	Workington	3:45.24	168	52.10	1:50.85	2:47.92
49 Jake Fabi	10	Penrith	3:45.41	167	52.28	1:50.88	2:49.97
50 Christopher Gunson	10	Ulverston	3:45.93	166	50.52	1:49.16	2:49.78
51 Gregor Rothwell	10	Kendal	3:46.76	164	51.65	1:51.59	2:51.44
52 Connor Joyce	10	Workington	3:48.80	160	52.02	1:51.82	2:49.77
53 Jacob Holmes	10	Barrow	3:49.75	158	51.63	1:50.93	2:50.93
54 Mason Minnican	10	Barrow	3:49.82	158	54.05	1:53.50	2:53.31
55 Keiran Watson	11	Cockermouth	3:53.60	150	-	1:54.68	2:54.11
56 Jack Todhunter	10	Copeland	3:55.45	147	52.82	1:52.57	2:54.64
57 Theo Tindall	9	Co Carlisle	4:06.25	128	55.65	1:58.94	3:04.08
58 Samuel Wicks	9	Ulverston	4:06.92	127	56.35	2:01.74	3:05.37
59 Tom Robinson	9	Ulverston	4:09.41	123	54.24	1:59.40	3:06.32
60 Daniel Booth	9	Troutbeck Br	4:17.19	113	58.06	2:04.95	3:11.26

Christopher Elliot	10	Cockermouth	DQ SA-1L
Oliver Smith	13	Workington	DQ ST-
Dylan Phipps	10	Co Carlisle	DQ T-2L

09 Yrs Age Group

Place	Name	AaD	Club	Cat.	Time	FINA Pt	50	100	150
1	Josh Millburn	9	Workington		3:37.27	187	49.34	1:45.32	2:42.28
2	Theo Tindall	9	Co Carlisle		4:06.25	128	55.65	1:58.94	3:04.08
3	Samuel Wicks	9	Ulverston		4:06.92	127	56.35	2:01.74	3:05.37
4	Tom Robinson	9	Ulverston		4:09.41	123	54.24	1:59.40	3:06.32
5	Daniel Booth	9	Troutbeck Br		4:17.19	113	58.06	2:04.95	3:11.26

10 Yrs Age Group

Place	Name	AaD	Club	Cat.	Time	FINA Pt	50	100	150
1	Luke Dalzell	10	Kendal		3:43.02	173	50.91	1:49.22	2:47.33
2	James McDougall	10	Carlisle WP		3:43.88	171	54.49	1:51.94	2:51.12
3	Jamie Warriner	10	Barrow	9	3:44.33	170	51.13	1:49.41	2:45.68
4	Daniel Cooper	10	Workington		3:44.44	169	51.52	1:49.38	2:47.45
5	Maxwell Hutchason	10	Barrow		3:44.65	169	51.90	1:49.64	2:50.26
6	Ben Gilmore	10	Workington		3:45.24	168	52.10	1:50.85	2:47.92
7	Jake Fabi	10	Penrith		3:45.41	167	52.28	1:50.88	2:49.97
8	Christopher Gunson	10	Ulverston		3:45.93	166	50.52	1:49.16	2:49.78
9	Gregor Rothwell	10	Kendal		3:46.76	164	51.65	1:51.59	2:51.44
10	Connor Joyce	10	Workington		3:48.80	160	52.02	1:51.82	2:49.77
11	Jacob Holmes	10	Barrow		3:49.75	158	51.63	1:50.93	2:50.93
12	Mason Minnican	10	Barrow		3:49.82	158	54.05	1:53.50	2:53.31
13	Jack Todhunter	10	Copeland		3:55.45	147	52.82	1:52.57	2:54.64
	Christopher Elliot	10	Cockermouth		DQ SA-1L				
	Dylan Phipps	10	Co Carlisle		DQ T-2L				

11 Yrs Age Group

Place	Name	AaD	Club	Cat.	Time	FINA Pt	50	100	150
1	Edward Baxter	11	Cockermouth		2:59.92	329	41.84	1:28.44	2:15.19
2	Elliot Routledge	11	Workington		3:14.94	259	44.74	1:36.04	2:27.15
3	Ben Leighton	11	Co Carlisle		3:26.15	219	-	1:41.24	2:35.47
4	Zachary Lewis-Morgan	11	Ulverston		3:26.33	218	45.93	1:37.90	2:31.72
5	Thom Noonan	11	Cockermouth		3:35.21	192	-	1:45.35	2:41.91
6	Josh Russell	11	Co Carlisle		3:36.22	189	-	1:45.90	2:42.69

7	Joseph Sharpe	11	Barrow	3:37.26	187	50.32	1:46.41	2:43.49
8	Daniel Rhys Armstrong	11	Kendal	3:41.76	176	-	1:48.05	2:46.79
9	Keiran Watson	11	Cockermouth	3:53.60	150	-	1:54.68	2:54.11

12 Yrs Age Group

Place	Name	AaD	Club	Cat.	Time	FINA Pt	50	100	150
1	Thomas Millburn	12	Workington		2:42.63	445	37.42	1:18.74	2:01.40
2	Jack Richardson	12	Co Carlisle		2:59.58	331	41.00	1:27.81	2:15.38
3	Richard Stamper	12	Copeland		3:09.73	280	45.46	1:33.84	2:23.76
4	Vincent Sue	12	Barrow		3:11.97	271	44.75	1:33.82	2:23.48
5	Charles McSkeane	12	Co Carlisle		3:13.75	263	45.16	1:35.01	2:24.75
6	Christian Balmer	12	Cockermouth		3:17.60	248	45.12	1:37.15	2:27.82
7	Nicholas Carlton	12	Troutbeck Br		3:19.84	240	-	1:35.28	2:26.75
8	Matthew Ivison	12	Workington		3:22.81	230	46.82	1:39.59	2:32.23

13 Yrs Age Group

Place	Name	AaD	Club	Cat.	Time	FINA Pt	50	100	150
1	Sam Routledge	13	Carlisle WP		2:53.14	369	38.12	1:22.62	2:07.93
2	Scott Bailey	13	Copeland		2:58.21	338	40.44	1:27.39	2:14.34
3	Joel Bland	13	Barrow		3:01.65	320	40.01	1:27.20	2:15.26
4	Paul Baldueza	13	Copeland		3:09.49	282	44.50	1:33.16	2:22.39
5	Andrew Robinson	13	Carlisle WP		3:09.90	280	42.96	1:33.19	2:22.85
6	Michael James Cheetham	13	Ulverston		3:10.07	279	45.19	1:33.63	2:23.19
	Oliver Smith	13	Workington		DQ ST-				

14 Yrs Age Group

Place	Name	AaD	Club	Cat.	Time	FINA Pt	50	100	150
1	Fraser Minnican	14	Ulverston		2:32.29	542	34.95	1:14.51	1:54.43
2	Curtis Corrie	14	Barrow		2:45.97	419	37.85	1:20.38	2:03.82
3	Haydn Birkett	14	Copeland		2:52.68	372	39.99	1:24.14	2:09.53
4	Anthony Ryan	14	Co Carlisle		2:57.76	341	39.12	1:25.25	2:11.68
5	Cameron Jeal	14	Penrith		3:02.05	317	38.62	1:24.63	2:13.89

15 Yrs Age Group

Place	Name	AaD	Club	Cat.	Time	FINA Pt	50	100	150
1	Jack Barker	15	Co Carlisle		2:32.20	543	34.02	1:14.17	1:54.45
2	Jack Glenholmes	15	Carlisle WP		2:45.30	424	36.59	1:19.16	2:02.22
3	Ben Clarke	15	Kendal		2:45.79	420	37.32	1:19.49	2:02.87
4	Ryan Wilkie	15	Carlisle WP		2:48.74	399	36.55	1:20.15	2:05.28

5 Benjamin Osborne	15	Barrow	2:51.18	382	37.73	1:21.41	2:06.16	
6 Jason Bell	15	Carlisle WP	2:57.67	342	39.63	1:25.57	2:11.90	
16 Yrs/Over Age Group								
Place	Name	AaD Club	Cat.	Time	FINA Pt	50	100	150
1	John Blain	17	Barrow	2:28.74	582	32.59	1:09.89	1:49.33
2	Joe Elwood	16	Ulverston	2:34.21	522	34.32	1:13.87	1:53.89
3	Ryan Clifford	17	Cockermouth	2:36.83	497	34.05	1:13.38	1:54.68
4	Jamie Warwick	18	Carlisle WP	2:38.67	479	34.98	1:15.89	1:57.61
5	David Thompson	17	Barrow	2:43.13	441	36.15	1:17.45	2:00.36
6	Jake Harrison	16	Carlisle WP	2:47.79	405	35.59	1:16.28	2:01.33
7	Graham Pearson	57	Co Carlisle	2:54.16	363	39.28	1:23.39	2:08.74
8	Gordon Belbin	47	Ulverston	2:57.54	342	38.10	1:22.71	2:09.39

EVENT 76 Girls 11 Yrs/Over 100m Freestyle

16 Yrs/Over Age Group

Place	Name	AaD Club	Time	FINA Pt	50
1	Laura Huggon	18 Penrith	1:01.30	617	29.35
2	Lorna Hughes	16 Workington	1:03.22	563	29.95
3	Katrina MacColl	17 Co Carlisle	1:03.42	558	30.39
4	Charlotte Horner	16 Copeland	1:04.29	535	31.31
5	Victoria Hevey	17 Ulverston	1:04.42	532	31.32
6	Kim Berry	16 Penrith	1:07.13	470	31.75
7	Hannah Noble	19 Troutbeck Br	1:08.47	443	32.49
8	Courtney Mossop	17 Copeland	1:08.97	434	33.10
9	Lucy Warwick	16 Carlisle WP	1:09.06	432	32.54
10	Emma Studholme	16 Carlisle WP	1:19.27	286	36.23

15 Yrs Age Group

Place	Name	AaD Club	Time	FINA Pt	50
1	Ashleigh Dale	15 Barrow	1:01.41	614	29.86
2	Grace Newlands	15 Copeland	1:04.47	531	31.47
3	Amy Richardson	15 Co Carlisle	1:05.59	504	30.98
4	Carla McWilliams	15 Co Carlisle	1:06.16	491	31.55
5	Bethany Titterington	15 Penrith	1:10.17	412	33.59
6	Emma Braithwaite	15 Ulverston	1:14.14	349	34.96

14 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt	50
1	Georgia Denney	14	Kendal	1:00.74	635	29.14
2	Anna Broadbent	14	Cockermouth	1:02.03	596	30.15
3	Karlie Stockdale	14	Barrow	1:02.79	575	30.37
4	Georgia Hevey	14	Ulverston	1:04.16	539	30.74
5	Katie Louise Gunson	14	Ulverston	1:04.97	519	31.59
6	Sophie McMillan	14	Carlisle WP	1:05.53	505	31.87
7	Kirkby Kavanagh	14	Barrow	1:05.82	499	31.53
8	Laura Marr	14	Copeland	1:06.13	492	31.92
9	Joanna Yates	14	Barrow	1:06.44	485	32.01
10	Jenny Mather	14	Penrith	1:06.49	484	31.46
11	Emily Richardson	14	Co Carlisle	1:07.24	468	32.26
12	Samantha E A Blundell	14	Ulverston	1:08.34	446	33.54
13	Lisa Foy	14	Ulverston	1:08.62	440	32.52
14	Shannon Mossop	14	Copeland	1:08.63	440	33.40
15	Hazel Marsh	14	Troutbeck Br	1:09.45	425	33.83
16	Lydia Elizabeth Howard	14	Ulverston	1:12.92	367	34.21
17	Louise Bell	14	Carlisle WP	1:13.96	352	35.16

13 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt	50
1	Becky Walley	13	Copeland	1:03.54	554	30.93
2	Charlotte Hill	13	Ulverston	1:03.86	546	31.02
3	Paige Jackson	13	Workington	1:07.09	471	32.54
4	Justine Marshall	13	Kendal	1:07.43	464	32.97
5	Clara Minnican	13	Barrow	1:08.43	444	32.73
6	Courtney Watson	13	Cockermouth	1:09.28	428	33.71
7	Molly Kenwright	13	Co Carlisle	1:09.69	420	32.64
8	Laura Garrick	13	Troutbeck Br	1:09.89	417	34.14
9	Lucinda Macmillan	13	Carlisle WP	1:11.16	395	34.06
10	Niamh Johnson	13	Barrow	1:11.31	392	34.06
11	Lauren Graham	13	Copeland	1:11.72	386	34.10
12	Rebecca Reid	13	Barrow	1:12.12	379	34.51
13	Lauren Watson	13	Co Carlisle	1:14.88	339	36.22

12 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt	50
1	Lucy McKenzie	12	Cockermouth	1:00.73	635	29.57
2	Anna Newlands	12	Copeland	1:03.94	544	30.74
3	Ashleigh Backhouse	12	Co Carlisle	1:05.51	506	31.71
4	Ella Chester	12	Barrow	1:07.50	462	32.17
5	Zarina Wilson	12	Ulverston	1:08.66	439	33.05
6	Amy Richardson	12	Troutbeck Br	1:09.29	428	33.46
7	Lucy Mather	12	Penrith	1:12.86	368	34.71
8	Charlotte Williamson	12	Workington	1:13.33	361	35.00
9	Ellen Jones	12	Penrith	1:13.60	357	35.47
10	Jessica Rose	12	Carlisle WP	1:14.72	341	36.45
11	Claire Foster	12	Carlisle WP	1:15.65	329	36.12
12	Rebecca Titterington	12	Penrith	1:15.96	325	36.77
13	Caitlin McNaughton	12	Co Carlisle	1:16.00	324	35.88
14	Hannah Haney	12	Workington	1:16.92	313	35.90
15	Rebecca Lightowler	12	Carlisle WP	1:16.96	312	36.92
	Rebecca Telford	12	Copeland	DQ ST-		

11 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt	50
1	Rebecca Clark	11	Cockermouth	1:12.53	373	34.53
2	Chloe Carr	11	Copeland	1:13.24	362	35.82
3	Chelsea Atkinson	11	Cockermouth	1:13.53	358	35.09
4	Caitlin Wren	11	Barrow	1:14.53	344	36.04
5	Connie Bowman	11	Co Carlisle	1:14.55	343	36.10
6	Aisling McCracken	11	Barrow	1:14.92	338	36.10
7	Ruth McEwen	11	Barrow	1:15.33	333	36.09
8	Danielle Lancaster	11	Co Carlisle	1:16.47	318	35.82
9	Amie Ivison	11	Workington	1:17.31	308	37.19
10	Laura Moore	11	Copeland	1:19.35	285	36.59
11	Elizabeth Perkins	11	Kendal	1:23.16	247	38.06

11 Yrs/Over Age Group

Place	Name	AaD	Club	Time	FINA Pt	50
1	Lucy McKenzie	12	Cockermouth	1:00.73	635	29.57
2	Georgia Denney	14	Kendal	1:00.74	635	29.14

3 Laura Huggon	18 Penrith	1:01.30	617	29.35
4 Ashleigh Dale	15 Barrow	1:01.41	614	29.86
5 Anna Broadbent	14 Cockermonth	1:02.03	596	30.15
6 Karlie Stockdale	14 Barrow	1:02.79	575	30.37
7 Lorna Hughes	16 Workington	1:03.22	563	29.95
8 Katrina MacColl	17 Co Carlisle	1:03.42	558	30.39
9 Becky Walley	13 Copeland	1:03.54	554	30.93
10 Charlotte Hill	13 Ulverston	1:03.86	546	31.02
11 Anna Newlands	12 Copeland	1:03.94	544	30.74
12 Georgia Hevey	14 Ulverston	1:04.16	539	30.74
13 Charlotte Horner	16 Copeland	1:04.29	535	31.31
14 Victoria Hevey	17 Ulverston	1:04.42	532	31.32
15 Grace Newlands	15 Copeland	1:04.47	531	31.47
16 Katie Louise Gunson	14 Ulverston	1:04.97	519	31.59
17 Ashleigh Backhouse	12 Co Carlisle	1:05.51	506	31.71
18 Sophie McMillan	14 Carlisle WP	1:05.53	505	31.87
19 Amy Richardson	15 Co Carlisle	1:05.59	504	30.98
20 Kirkby Kavanagh	14 Barrow	1:05.82	499	31.53
21 Laura Marr	14 Copeland	1:06.13	492	31.92
22 Carla McWilliams	15 Co Carlisle	1:06.16	491	31.55
23 Joanna Yates	14 Barrow	1:06.44	485	32.01
24 Jenny Mather	14 Penrith	1:06.49	484	31.46
25 Paige Jackson	13 Workington	1:07.09	471	32.54
26 Kim Berry	16 Penrith	1:07.13	470	31.75
27 Emily Richardson	14 Co Carlisle	1:07.24	468	32.26
28 Justine Marshall	13 Kendal	1:07.43	464	32.97
29 Ella Chester	12 Barrow	1:07.50	462	32.17
30 Samantha E A Blundell	14 Ulverston	1:08.34	446	33.54
31 Clara Minnican	13 Barrow	1:08.43	444	32.73
32 Hannah Noble	19 Troutbeck Br	1:08.47	443	32.49
33 Lisa Foy	14 Ulverston	1:08.62	440	32.52
34 Shannon Mossop	14 Copeland	1:08.63	440	33.40
35 Zarina Wilson	12 Ulverston	1:08.66	439	33.05
36 Courtney Mossop	17 Copeland	1:08.97	434	33.10
37 Lucy Warwick	16 Carlisle WP	1:09.06	432	32.54

38 Courtney Watson	13 Cockermonth	1:09.28	428	33.71
39 Amy Richardson	12 Troutbeck Br	1:09.29	428	33.46
40 Hazel Marsh	14 Troutbeck Br	1:09.45	425	33.83
41 Molly Kenwright	13 Co Carlisle	1:09.69	420	32.64
42 Laura Garrick	13 Troutbeck Br	1:09.89	417	34.14
43 Bethany Titterington	15 Penrith	1:10.17	412	33.59
44 Lucinda Macmillan	13 Carlisle WP	1:11.16	395	34.06
45 Niamh Johnson	13 Barrow	1:11.31	392	34.06
46 Lauren Graham	13 Copeland	1:11.72	386	34.10
47 Rebecca Reid	13 Barrow	1:12.12	379	34.51
48 Rebecca Clark	11 Cockermonth	1:12.53	373	34.53
49 Lucy Mather	12 Penrith	1:12.86	368	34.71
50 Lydia Elizabeth Howard	14 Ulverston	1:12.92	367	34.21
51 Chloe Carr	11 Copeland	1:13.24	362	35.82
52 Charlotte Williamson	12 Workington	1:13.33	361	35.00
53 Chelsea Atkinson	11 Cockermonth	1:13.53	358	35.09
54 Ellen Jones	12 Penrith	1:13.60	357	35.47
55 Louise Bell	14 Carlisle WP	1:13.96	352	35.16
56 Emma Braithwaite	15 Ulverston	1:14.14	349	34.96
57 Caitlin Wren	11 Barrow	1:14.53	344	36.04
58 Connie Bowman	11 Co Carlisle	1:14.55	343	36.10
59 Jessica Rose	12 Carlisle WP	1:14.72	341	36.45
60 Lauren Watson	13 Co Carlisle	1:14.88	339	36.22
61 Aisling McCracken	11 Barrow	1:14.92	338	36.10
62 Ruth McEwen	11 Barrow	1:15.33	333	36.09
63 Claire Foster	12 Carlisle WP	1:15.65	329	36.12
64 Rebecca Titterington	12 Penrith	1:15.96	325	36.77
65 Caitlin McNaughton	12 Co Carlisle	1:16.00	324	35.88
66 Danielle Lancaster	11 Co Carlisle	1:16.47	318	35.82
67 Hannah Haney	12 Workington	1:16.92	313	35.90
68 Rebecca Lightowler	12 Carlisle WP	1:16.96	312	36.92
69 Amie Ivison	11 Workington	1:17.31	308	37.19
70 Emma Studholme	16 Carlisle WP	1:19.27	286	36.23
71 Laura Moore	11 Copeland	1:19.35	285	36.59
72 Elizabeth Perkins	11 Kendal	1:23.16	247	38.06

Rebecca Telford

12 Copeland

DQ ST-

EVENT 77 Boys 09 Yrs/Over 50m Backstroke

09 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt
1	Samuel Wicks	9	Ulverston	42.32	164
2	Tom Robinson	9	Ulverston	42.92	158
3	Isaac Hinde	9	Copeland	43.99	146
4	Nathan Watson	9	Workington	44.69	140
5	Alastair Thomas	9	Cockermouth	45.34	134
6	Conner Bulman	9	Co Carlisle	45.81	130
7	Josh Millburn	9	Workington	45.99	128
8	Elliott Bulman	9	Penrith	47.08	119

10 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt
1	Thomas Unwin	10	Ulverston	38.56	217
2	Jordan Cooley	10	Cockermouth	40.40	189
3	Christopher Gunson	10	Ulverston	41.65	172
4	Maxwell Hutchason	10	Barrow	41.80	171
5	Campbell McNaughton	10	Co Carlisle	42.05	168
6	Luke Dalzell	10	Kendal	43.12	155
7	Connor Joyce	10	Workington	43.38	153
8	Ben Gilmore	10	Workington	44.72	139
9	Adam Brown	10	Co Carlisle	44.73	139
10	Daniel Cooper	10	Workington	45.12	136
11	Jake Fabi	10	Penrith	45.83	129

11 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt
1	Ben Leighton	11	Co Carlisle	35.97	268
2	Elliot Routledge	11	Workington	36.08	265
3	Morgan Cookman	11	Copeland	38.38	220
4	Thom Noonan	11	Cockermouth	38.78	214
5	Luke Reid	11	Barrow	39.05	209
6	Toby Gibson	11	Co Carlisle	39.22	206
7	Owen Walker	11	Carlisle WP	39.81	197

8	Alistair Jeal	11	Penrith	39.89	196
9	Joseph Sharpe	11	Barrow	40.37	189
10	Daniel Rhys Armstrong	11	Kendal	40.77	184
11	Benjamin Cornwall	11	Co Carlisle	40.88	182
12	Zachary Lewis-Morgan	11	Ulverston	40.99	181
13	Edward Baxter	11	Cockermouth	41.09	180
14	Daniel Ryan	11	Co Carlisle	41.43	175
15	Jake Stockdale	11	Barrow	41.75	171
16	Jack Phillips	11	Co Carlisle	41.97	168
17	Josh Russell	11	Co Carlisle	43.15	155
18	Keiran Watson	11	Cockermouth	50.94	94

09 Yrs/Over Age Group

Place	Name	AaD	Club	Time	FINA Pt
1	Joe Elwood	16	Ulverston	27.75	583
2	Fraser Minnican	14	Ulverston	29.10	505
3	Nathan Higgins	20	Carlisle WP	29.74	473
4	Jack Barker	15	Co Carlisle	29.76	473
5	David Thompson	17	Barrow	29.90	466
6	Oliver Atkinson	14	Barrow	30.13	455
7	Matthew Holmes	15	Barrow	30.16	454
8	Austin Wilson	15	Ulverston	30.77	428
9	John Blain	17	Barrow	31.24	409
10	Benjamin Osborne	15	Barrow	31.28	407
11	Anthony Ryan	14	Co Carlisle	31.72	390
12	Jamie Warwick	18	Carlisle WP	31.91	383
13	Ben Davis	18	Troutbeck Br	31.95	382
14	Luke Greenbank	12	Cockermouth	32.32	369
15	Jack Kenwright	14	Co Carlisle	32.42	366
16	Haydn Birkett	14	Copeland	32.64	358
17	Jake Harrison	16	Carlisle WP	32.67	357
18	Oliver Smith	13	Workington	32.76	354
19	Thomas Millburn	12	Workington	32.83	352
20	Curtis Corrie	14	Barrow	33.31	337
21	Ben Clarke	15	Kendal	33.32	337
22	Cameron Jeal	14	Penrith	33.37	335

23 Ryan Wilkie	15 Carlisle WP	33.54	330
24 Jack Glenholmes	15 Carlisle WP	33.77	323
25 Scott Munro-Bennett	13 Troutbeck Br	33.84	321
26 Andrew Kerr	14 Barrow	34.02	316
27 Alistair Campbell	13 Co Carlisle	34.03	316
28 Samuel Jefferson	14 Barrow	34.16	312
28 Andrew Robinson	13 Carlisle WP	34.16	312
30 Michael James Cheetham	13 Ulverston	34.44	305
31 Andrew Mullins	12 Co Carlisle	34.51	303
32 Sam Routledge	13 Carlisle WP	34.76	297
33 Jack Lee	14 Co Carlisle	34.77	296
34 Scott Bailey	13 Copeland	35.27	284
35 Charles McSkeane	12 Co Carlisle	35.31	283
36 Ben Leighton	11 Co Carlisle	35.97	268
37 Elliot Routledge	11 Workington	36.08	265
38 James Clark	15 Cocker mouth	36.13	264
39 Andrew McAlinden	14 Barrow	36.22	262
40 Richard Stamper	12 Copeland	37.23	241
41 Nicholas Carlton	12 Troutbeck Br	37.48	237
42 Paul Baldueza	13 Copeland	37.93	228
43 Morgan Cookman	11 Copeland	38.38	220
44 Thomas Unwin	10 Ulverston	38.56	217
45 Thom Noonan	11 Cocker mouth	38.78	214
46 Matthew Ivison	12 Workington	39.02	210
47 Luke Reid	11 Barrow	39.05	209
48 Toby Gibson	11 Co Carlisle	39.22	206
49 Solomon White	12 Cocker mouth	39.23	206
50 Owen Walker	11 Carlisle WP	39.81	197
51 Christian Balmer	12 Cocker mouth	39.83	197
52 Alistair Jeal	11 Penrith	39.89	196
53 William Adams	12 Barrow	40.01	194
54 Joseph Sharpe	11 Barrow	40.37	189
55 Jordan Cooley	10 Cocker mouth	40.40	189
56 Daniel Rhys Armstrong	11 Kendal	40.77	184
57 Benjamin Cornwall	11 Co Carlisle	40.88	182

58 Zachary Lewis-Morgan	11	Ulverston	40.99	181
59 Edward Baxter	11	Cockermouth	41.09	180
60 Daniel Ryan	11	Co Carlisle	41.43	175
61 Christopher Gunson	10	Ulverston	41.65	172
62 Jake Stockdale	11	Barrow	41.75	171
63 Maxwell Hutchason	10	Barrow	41.80	171
64 Jack Phillips	11	Co Carlisle	41.97	168
65 Campbell McNaughton	10	Co Carlisle	42.05	168
66 Samuel Wicks	9	Ulverston	42.32	164
67 Tom Robinson	9	Ulverston	42.92	158
68 Luke Dalzell	10	Kendal	43.12	155
69 Josh Russell	11	Co Carlisle	43.15	155
70 Connor Joyce	10	Workington	43.38	153
71 Isaac Hinde	9	Copeland	43.99	146
72 Nathan Watson	9	Workington	44.69	140
73 Ben Gilmore	10	Workington	44.72	139
74 Adam Brown	10	Co Carlisle	44.73	139
75 Daniel Cooper	10	Workington	45.12	136
76 Alastair Thomas	9	Cockermouth	45.34	134
77 Conner Bulman	9	Co Carlisle	45.81	130
78 Jake Fabi	10	Penrith	45.83	129
79 Josh Millburn	9	Workington	45.99	128
80 Elliott Bulman	9	Penrith	47.08	119
81 Keiran Watson	11	Cockermouth	50.94	94
12 Yrs Age Group				
Place	Name	AaD Club	Time	FINA Pt
1	Luke Greenbank	12 Cockermouth	32.32	369
2	Thomas Millburn	12 Workington	32.83	352
3	Andrew Mullins	12 Co Carlisle	34.51	303
4	Charles McSkeane	12 Co Carlisle	35.31	283
5	Richard Stamper	12 Copeland	37.23	241
6	Nicholas Carlton	12 Troutbeck Br	37.48	237
7	Matthew Ivison	12 Workington	39.02	210
8	Solomon White	12 Cockermouth	39.23	206
9	Christian Balmer	12 Cockermouth	39.83	197

10	William Adams	12	Barrow	40.01	194
13 Yrs Age Group					
Place	Name	AaD	Club	Time	FINA Pt
1	Oliver Smith	13	Workington	32.76	354
2	Scott Munro-Bennett	13	Troutbeck Br	33.84	321
3	Alistair Campbell	13	Co Carlisle	34.03	316
4	Andrew Robinson	13	Carlisle WP	34.16	312
5	Michael James Cheetham	13	Ulverston	34.44	305
6	Sam Routledge	13	Carlisle WP	34.76	297
7	Scott Bailey	13	Copeland	35.27	284
8	Paul Balduenza	13	Copeland	37.93	228
14 Yrs Age Group					
Place	Name	AaD	Club	Time	FINA Pt
1	Fraser Minnican	14	Ulverston	29.10	505
2	Oliver Atkinson	14	Barrow	30.13	455
3	Anthony Ryan	14	Co Carlisle	31.72	390
4	Jack Kenwright	14	Co Carlisle	32.42	366
5	Haydn Birkett	14	Copeland	32.64	358
6	Curtis Corrie	14	Barrow	33.31	337
7	Cameron Jeal	14	Penrith	33.37	335
8	Andrew Kerr	14	Barrow	34.02	316
9	Samuel Jefferson	14	Barrow	34.16	312
10	Jack Lee	14	Co Carlisle	34.77	296
11	Andrew McAlinden	14	Barrow	36.22	262
15 Yrs Age Group					
Place	Name	AaD	Club	Time	FINA Pt
1	Jack Barker	15	Co Carlisle	29.76	473
2	Matthew Holmes	15	Barrow	30.16	454
3	Austin Wilson	15	Ulverston	30.77	428
4	Benjamin Osborne	15	Barrow	31.28	407
5	Ben Clarke	15	Kendal	33.32	337
6	Ryan Wilkie	15	Carlisle WP	33.54	330
7	Jack Glenholmes	15	Carlisle WP	33.77	323
8	James Clark	15	Cockermouth	36.13	264

16 Yrs/Over Age Group

Place	Name	AaD	Club	Time	FINA Pt
1	Joe Elwood	16	Ulverston	27.75	583
2	Nathan Higgins	20	Carlisle WP	29.74	473
3	David Thompson	17	Barrow	29.90	466
4	John Blain	17	Barrow	31.24	409
5	Jamie Warwick	18	Carlisle WP	31.91	383
6	Ben Davis	18	Troutbeck Br	31.95	382
7	Jake Harrison	16	Carlisle WP	32.67	357

EVENT 78 Girls 09 Yrs/Over 200m Butterfly

09 Yrs/Over Age Group

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Ashleigh Dale	15	Barrow	2:20.21	687	31.16	1:06.13	1:42.96
2	Anna Newlands	12	Copeland	2:30.95	551	33.74	1:13.01	1:51.71
3	Ashleigh Backhouse	12	Co Carlisle	2:35.71	502	35.15	1:15.09	1:55.34
4	Karlie Stockdale	14	Barrow	2:36.14	498	34.94	1:14.26	1:55.05
5	Judith Hattle	49	Co Carlisle	2:36.75	492	35.12	1:15.06	1:55.91
6	Amy Richardson	15	Co Carlisle	2:38.49	476	34.53	1:14.15	1:56.12
7	Lucy McKenzie	12	Cockermouth	2:39.19	470	34.09	1:15.47	1:57.56
8	Zarina Wilson	12	Ulverston	2:51.96	373	36.72	1:20.45	2:07.56
9	Laura Marr	14	Copeland	2:53.91	360	38.65	1:22.66	2:08.72
10	Becky Walley	13	Copeland	3:07.99	285	40.35	1:29.90	2:21.11
11	Amie Ivison	11	Workington	3:11.52	270	42.56	1:32.73	2:23.55
12	Ruth McEwen	11	Barrow	3:17.13	247	40.56	1:30.81	2:24.39
13	Zara McKnight	10	Co Carlisle	3:22.77	227	43.20	1:34.03	2:28.59
14	Laura Davison	10	Co Carlisle	3:35.59	189	43.28	1:38.60	2:36.61
15	Isabel Postlethwaite	10	Copeland	3:38.03	183	47.82	1:44.38	2:43.58
16	Emily Reay	9	Kendal	3:54.59	147	50.90	1:52.88	2:58.55

09 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Emily Reay	9	Kendal	3:54.59	147	50.90	1:52.88	2:58.55

10 Yrs Age Group

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Zara McKnight	10	Co Carlisle	3:22.77	227	43.20	1:34.03	2:28.59

2	Laura Davison	10	Co Carlisle	3:35.59	189	43.28	1:38.60	2:36.61
3	Isabel Postlethwaite	10	Copeland	3:38.03	183	47.82	1:44.38	2:43.58
11 Yrs Age Group								
Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Amie Ivison	11	Workington	3:11.52	270	42.56	1:32.73	2:23.55
2	Ruth McEwen	11	Barrow	3:17.13	247	40.56	1:30.81	2:24.39
12 Yrs Age Group								
Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Anna Newlands	12	Copeland	2:30.95	551	33.74	1:13.01	1:51.71
2	Ashleigh Backhouse	12	Co Carlisle	2:35.71	502	35.15	1:15.09	1:55.34
3	Lucy McKenzie	12	Cockermouth	2:39.19	470	34.09	1:15.47	1:57.56
4	Zarina Wilson	12	Ulverston	2:51.96	373	36.72	1:20.45	2:07.56
13 Yrs Age Group								
Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Becky Walley	13	Copeland	3:07.99	285	40.35	1:29.90	2:21.11
14 Yrs Age Group								
Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Karlie Stockdale	14	Barrow	2:36.14	498	34.94	1:14.26	1:55.05
2	Laura Marr	14	Copeland	2:53.91	360	38.65	1:22.66	2:08.72
15 Yrs Age Group								
Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Ashleigh Dale	15	Barrow	2:20.21	687	31.16	1:06.13	1:42.96
2	Amy Richardson	15	Co Carlisle	2:38.49	476	34.53	1:14.15	1:56.12
16 Yrs/Over Age Group								
Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Judith Hattle	49	Co Carlisle	2:36.75	492	35.12	1:15.06	1:55.91

EVENT 79 FINAL OF EVENT 77 Boys 09 Yrs 50m Backstroke

Place	Name	AaD	Club	Time	FINA Pt
1	Tom Robinson	9	Ulverston	40.97	181
2	Samuel Wicks	9	Ulverston	41.10	179
3	Nathan Watson	9	Workington	42.53	162
4	Isaac Hinde	9	Copeland	44.57	141
5	Alastair Thomas	9	Cockermouth	45.51	132
6	Conner Bulman	9	Co Carlisle	46.76	122

EVENT 80 FINAL OF EVENT 77 Boys 10 Yrs 50m Backstroke

Place	Name	AaD	Club	Time	FINA Pt
1	Thomas Unwin	10	Ulverston	38.27	222
2	Jordan Cooley	10	Cockermouth	40.00	195
3	Maxwell Hutchason	10	Barrow	41.36	176
4	Christopher Gunson	10	Ulverston	41.69	172
5	Luke Dalzell	10	Kendal	42.31	164
6	Campbell McNaughton	10	Co Carlisle	42.48	162

EVENT 81 FINAL OF EVENT 77 Boys 11 Yrs 50m Backstroke

Place	Name	AaD	Club	Time	FINA Pt
1	Elliot Routledge	11	Workington	35.36	282
2	Ben Leighton	11	Co Carlisle	35.58	277
3	Morgan Cookman	11	Copeland	38.24	223
4	Thom Noonan	11	Cockermouth	38.56	217
5	Toby Gibson	11	Co Carlisle	39.56	201
6	Luke Reid	11	Barrow	39.79	198

EVENT 82 FINAL OF EVENT 76 Girls 16 Yrs/Over 100m Freestyle

Place	Name	AaD	Club	Time	FINA Pt	50
1	Laura Huggon	18	Penrith	1:02.79	575	30.17
2	Katrina MacColl	17	Co Carlisle	1:03.00	569	30.23
3	Lorna Hughes	16	Workington	1:03.58	553	30.63
4	Charlotte Horner	16	Copeland	1:06.25	489	31.96
5	Victoria Hevey	17	Ulverston	1:06.26	489	31.33
6	Kim Berry	16	Penrith	1:08.39	445	32.25

EVENT 83 FINAL OF EVENT 76 Girls 15 Yrs 100m Freestyle

Place	Name	AaD	Club	Time	FINA Pt	50
1	Ashleigh Dale	15	Barrow	1:02.75	576	30.65
2	Grace Newlands	15	Copeland	1:04.18	538	31.48
3	Amy Richardson	15	Co Carlisle	1:04.66	526	31.45
4	Carla McWilliams	15	Co Carlisle	1:05.47	507	31.52
5	Bethany Titterington	15	Penrith	1:05.49	506	31.78
6	Emma Braithwaite	15	Ulverston	1:15.62	329	35.28

EVENT 84 FINAL OF EVENT 76 Girls 14 Yrs 100m Freestyle

Place	Name	AaD	Club	Time	FINA Pt	50
1	Karlie Stockdale	14	Barrow	1:02.13	593	30.30
2	Anna Broadbent	14	Cockermouth	1:02.38	586	30.42
3	Georgia Denney	14	Kendal	1:02.54	581	30.25
4	Georgia Hevey	14	Ulverston	1:04.00	543	30.80
5	Katie Louise Gunson	14	Ulverston	1:04.46	531	31.09
6	Sophie McMillan	14	Carlisle WP	1:06.44	485	31.41

EVENT 85 FINAL OF EVENT 76 Girls 13 Yrs 100m Freestyle

Place	Name	AaD	Club	Time	FINA Pt	50
1	Charlotte Hill	13	Ulverston	1:02.60	580	30.40
2	Becky Walley	13	Copeland	1:03.81	547	31.08
3	Justine Marshall	13	Kendal	1:06.54	483	31.95
4	Paige Jackson	13	Workington	1:06.76	478	32.48
5	Clara Minnican	13	Barrow	1:08.76	438	32.95
6	Courtney Watson	13	Cockermouth	1:09.01	433	33.24

EVENT 86 FINAL OF EVENT 76 Girls 12 Yrs 100m Freestyle

Place	Name	AaD	Club	Time	FINA Pt	50
1	Lucy McKenzie	12	Cockermouth	1:02.13	593	30.00
2	Anna Newlands	12	Copeland	1:04.16	539	31.01
3	Ashleigh Backhouse	12	Co Carlisle	1:05.60	504	31.62
4	Ella Chester	12	Barrow	1:07.02	472	31.68
5	Zarina Wilson	12	Ulverston	1:09.39	426	33.59
6	Amy Richardson	12	Troutbeck Br	1:09.75	419	33.49

EVENT 87 FINAL OF EVENT 76 Girls 11 Yrs 100m Freestyle

Place	Name	AaD	Club	Time	FINA Pt	50
1	Chloe Carr	11	Copeland	1:11.42	390	34.84
2	Rebecca Clark	11	Cockermouth	1:11.97	382	34.65
3	Chelsea Atkinson	11	Cockermouth	1:12.73	370	35.65
4	Caitlin Wren	11	Barrow	1:12.81	369	34.98
5	Aisling McCracken	11	Barrow	1:12.94	367	34.92
6	Connie Bowman	11	Co Carlisle	1:14.99	337	35.85

EVENT 88 FINAL OF EVENT 77 Boys 09 Yrs/Over 50m Backstroke

Place	Name	AaD	Club	Time	FINA Pt
1	Joe Elwood	16	Ulverston	27.86	576
2	Fraser Minnican	14	Ulverston	29.21	500
3	Nathan Higgins	20	Carlisle WP	29.48	486
4	David Thompson	17	Barrow	29.67	477
5	Jack Barker	15	Co Carlisle	30.54	437
6	Oliver Atkinson	14	Barrow	30.66	432

EVENT 89 FINAL OF EVENT 78 Girls 09 Yrs/Over 200m Butterfly

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	Ashleigh Dale	15	Barrow	2:21.57	668	30.90	1:06.36	1:44.47
2	Anna Newlands	12	Copeland	2:31.61	544	34.97	1:13.35	1:53.26
3	Karlie Stockdale	14	Barrow	2:35.01	509	34.64	1:13.26	1:53.37
4	Judith Hattle	49	Co Carlisle	2:36.50	494	35.17	1:16.11	1:56.36
5	Ashleigh Backhouse	12	Co Carlisle	2:37.45	485	35.17	1:14.97	1:56.30
6	Amy Richardson	15	Co Carlisle	2:44.34	427	34.76	1:16.14	1:59.84

EVENT 90 FINAL OF EVENT 75 Boys 09 Yrs/Over 200m Breaststroke

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1	John Blain	17	Barrow	2:26.39	611	32.23	1:09.25	1:47.52
2	Fraser Minnican	14	Ulverston	2:30.40	563	34.73	1:13.62	1:52.89
3	Jack Barker	15	Co Carlisle	2:33.55	529	34.11	1:13.86	1:54.00
4	Ryan Clifford	17	Cockermouth	2:35.46	510	34.69	1:13.71	1:54.24
5	Jamie Warwick	18	Carlisle WP	2:42.95	443	35.30	1:15.91	1:58.65
6	Joe Elwood	16	Ulverston	2:49.51	393	36.44	1:17.98	2:03.32

EVENT 91 FINAL OF EVENT 76 Girls 11 Yrs/Over 100m Freestyle

Place	Name	AaD	Club	Time	FINA Pt	50
1	Laura Huggon	18	Penrith	58.39	714	28.17
2	Lucy McKenzie	12	Cockermouth	1:01.06	625	29.80
3	Ashleigh Dale	15	Barrow	1:02.17	592	29.66
4	Georgia Denney	14	Kendal	1:02.42	585	29.72
5	Karlie Stockdale	14	Barrow	1:10.23	411	32.07
	Anna Broadbent	14	Cockermouth	DQ ST-		