



2010 Cumbria Age Groups  
Under ASA Laws & ASA Technical Rules of Swimming  
Session - 4

**EVENT 46 Boys 09 Yrs/Over 200m Butterfly**

09 Yrs/Over Age Group

| Place | Name                   | AaD Club       | Time     | Points | 50    | 100     | 150     |
|-------|------------------------|----------------|----------|--------|-------|---------|---------|
| 1     | Joe Elwood             | 16 Ulverston   | 2:11.79  | 601    | 29.42 | 1:03.75 | 1:39.35 |
| 2     | Fraser Minnican        | 14 Ulverston   | 2:12.30  | 594    | 29.87 | 1:03.79 | 1:38.12 |
| 3     | Curtis Corrie          | 14 Barrow      | 2:20.77  | 493    | 32.01 | 1:08.40 | 1:45.61 |
| 4     | John Blain             | 17 Barrow      | 2:21.02  | 490    | 31.15 | 1:07.16 | 1:45.13 |
| 5     | Matthew Holmes         | 15 Barrow      | 2:38.80  | 343    | 31.83 | 1:11.25 | 1:53.96 |
| 6     | Sam Routledge          | 13 Carlisle WP | 2:39.72  | 337    | 35.07 | 1:16.01 | 1:57.97 |
| 7     | Andrew Kerr            | 14 Barrow      | 2:40.34  | 334    | 35.01 | 1:15.37 | 1:56.89 |
| 8     | Luke Greenbank         | 12 Cockermonth | 2:40.87  | 330    | 36.72 | 1:18.65 | 2:01.35 |
| 9     | Anthony Ryan           | 14 Co Carlisle | 2:41.72  | 325    | 32.95 | 1:14.24 | 1:58.95 |
| 10    | Michael James Cheetham | 13 Ulverston   | 2:44.06  | 311    | 35.69 | 1:18.37 | 2:01.56 |
| 11    | Oliver Smith           | 13 Workington  | 2:44.29  | 310    | 35.09 | 1:16.19 | 1:59.52 |
| 12    | Joseph Singleton       | 13 Barrow      | 2:51.78  | 271    | 36.62 | 1:19.58 | 2:05.30 |
| 13    | Jordan Hull            | 12 Co Carlisle | 2:56.56  | 250    | 38.81 | 1:24.26 | 2:10.92 |
| 14    | Elliot Routledge       | 11 Workington  | 2:56.71  | 249    | 38.03 | 1:23.99 | 2:11.72 |
| 15    | Charles McSkeane       | 12 Co Carlisle | 2:57.85  | 244    | 40.45 | 1:25.30 | 2:12.69 |
| 16    | Ben Leighton           | 11 Co Carlisle | 3:02.44  | 226    | 39.26 | 1:26.73 | 2:15.67 |
| 17    | Edward Baxter          | 11 Cockermonth | 3:08.74  | 205    | 42.91 | 1:32.46 | 2:20.90 |
| 18    | Isaac Hinde            | 9 Copeland     | 3:44.18  | 122    | 46.49 | 1:46.27 | 2:47.17 |
| 19    | Jake Fabi              | 10 Penrith     | 3:53.33  | 108    | 51.76 | 1:51.84 | 2:53.88 |
|       | Robert McSkeane        | 9 Co Carlisle  | DQ SA-3L |        |       |         |         |

09 Yrs Age Group

| Place | Name            | AaD Club      | Time     | Points | 50    | 100     | 150     |
|-------|-----------------|---------------|----------|--------|-------|---------|---------|
| 1     | Isaac Hinde     | 9 Copeland    | 3:44.18  | 122    | 46.49 | 1:46.27 | 2:47.17 |
|       | Robert McSkeane | 9 Co Carlisle | DQ SA-3L |        |       |         |         |

10 Yrs Age Group

| Place | Name      | AaD Club   | Time    | Points | 50    | 100     | 150     |
|-------|-----------|------------|---------|--------|-------|---------|---------|
| 1     | Jake Fabi | 10 Penrith | 3:53.33 | 108    | 51.76 | 1:51.84 | 2:53.88 |

11 Yrs Age Group

| Place | Name             | AaD Club      | Time    | Points | 50    | 100     | 150     |
|-------|------------------|---------------|---------|--------|-------|---------|---------|
| 1     | Elliot Routledge | 11 Workington | 2:56.71 | 249    | 38.03 | 1:23.99 | 2:11.72 |

|                              |                |         |        |       |         |         |
|------------------------------|----------------|---------|--------|-------|---------|---------|
| 2 Ben Leighton               | 11 Co Carlisle | 3:02.44 | 226    | 39.26 | 1:26.73 | 2:15.67 |
| 3 Edward Baxter              | 11 Cockermonth | 3:08.74 | 205    | 42.91 | 1:32.46 | 2:20.90 |
| <b>12 Yrs Age Group</b>      |                |         |        |       |         |         |
| Place Name                   | AaD Club       | Time    | Points | 50    | 100     | 150     |
| 1 Luke Greenbank             | 12 Cockermonth | 2:40.87 | 330    | 36.72 | 1:18.65 | 2:01.35 |
| 2 Jordan Hull                | 12 Co Carlisle | 2:56.56 | 250    | 38.81 | 1:24.26 | 2:10.92 |
| 3 Charles McSkeane           | 12 Co Carlisle | 2:57.85 | 244    | 40.45 | 1:25.30 | 2:12.69 |
| <b>13 Yrs Age Group</b>      |                |         |        |       |         |         |
| Place Name                   | AaD Club       | Time    | Points | 50    | 100     | 150     |
| 1 Sam Routledge              | 13 Carlisle WP | 2:39.72 | 337    | 35.07 | 1:16.01 | 1:57.97 |
| 2 Michael James Cheetham     | 13 Ulverston   | 2:44.06 | 311    | 35.69 | 1:18.37 | 2:01.56 |
| 3 Oliver Smith               | 13 Workington  | 2:44.29 | 310    | 35.09 | 1:16.19 | 1:59.52 |
| 4 Joseph Singleton           | 13 Barrow      | 2:51.78 | 271    | 36.62 | 1:19.58 | 2:05.30 |
| <b>14 Yrs Age Group</b>      |                |         |        |       |         |         |
| Place Name                   | AaD Club       | Time    | Points | 50    | 100     | 150     |
| 1 Fraser Minnican            | 14 Ulverston   | 2:12.30 | 594    | 29.87 | 1:03.79 | 1:38.12 |
| 2 Curtis Corrie              | 14 Barrow      | 2:20.77 | 493    | 32.01 | 1:08.40 | 1:45.61 |
| 3 Andrew Kerr                | 14 Barrow      | 2:40.34 | 334    | 35.01 | 1:15.37 | 1:56.89 |
| 4 Anthony Ryan               | 14 Co Carlisle | 2:41.72 | 325    | 32.95 | 1:14.24 | 1:58.95 |
| <b>15 Yrs Age Group</b>      |                |         |        |       |         |         |
| Place Name                   | AaD Club       | Time    | Points | 50    | 100     | 150     |
| 1 Matthew Holmes             | 15 Barrow      | 2:38.80 | 343    | 31.83 | 1:11.25 | 1:53.96 |
| <b>16 Yrs/Over Age Group</b> |                |         |        |       |         |         |
| Place Name                   | AaD Club       | Time    | Points | 50    | 100     | 150     |
| 1 Joe Elwood                 | 16 Ulverston   | 2:11.79 | 601    | 29.42 | 1:03.75 | 1:39.35 |
| 2 John Blain                 | 17 Barrow      | 2:21.02 | 490    | 31.15 | 1:07.16 | 1:45.13 |

#### **EVENT 47 Girls 09 Yrs/Over 50m Freestyle**

##### **09 Yrs Age Group**

| Place Name          | AaD Club      | Time  | Points |
|---------------------|---------------|-------|--------|
| 1 Megan Roper       | 9 Ulverston   | 35.16 | 309    |
| 2 Rebecca Fell      | 9 Ulverston   | 35.98 | 289    |
| 3 Emily Reay        | 9 Kendal      | 36.60 | 274    |
| 4 Victoria Swan     | 9 Ulverston   | 38.91 | 228    |
| 5 Charlotte Stamper | 9 Copeland    | 39.36 | 221    |
| 6 Laura Robinson    | 9 Carlisle WP | 39.80 | 213    |
| 7 Lauren Cooley     | 9 Cockermonth | 40.84 | 197    |
| 8 Brodie Swallow    | 9 Kendal      | 40.87 | 197    |
| 9 Imogen Burrow     | 9 Kendal      | 40.90 | 197    |
| 10 Alyshia Gill     | 9 Co Carlisle | 41.43 | 189    |
| 11 Alex Messenger   | 9 Copeland    | 42.48 | 175    |

## 10 Yrs Age Group

| Place | Name                 | AaD Club        | Time  | Points |
|-------|----------------------|-----------------|-------|--------|
| 1     | Isabel Postlethwaite | 10 Copeland     | 35.40 | 303    |
| 2     | Zara McKnight        | 10 Co Carlisle  | 35.42 | 303    |
| 3     | Sarah Lightowler     | 10 Carlisle WP  | 35.61 | 298    |
| 4     | Laura Davison        | 10 Co Carlisle  | 35.81 | 293    |
| 5     | Eve White            | 10 Co Carlisle  | 36.21 | 283    |
| 6     | Phoebe Wilson        | 10 Co Carlisle  | 36.35 | 280    |
| 7     | Hannah McGarry       | 10 Workington   | 36.47 | 277    |
| 8     | Wendy Winter         | 10 Kendal       | 36.52 | 276    |
| 9     | Sophie Little        | 10 Workington   | 36.54 | 276    |
| 10    | Rebecca Robertshaw   | 10 Carlisle WP  | 36.57 | 275    |
| 11    | Lois Turner          | 10 Penrith      | 36.70 | 272    |
| 12    | Rhiannon Ellis       | 10 Barrow       | 37.18 | 262    |
| 13    | Sophie Dodd          | 10 Co Carlisle  | 37.33 | 259    |
| 14    | Abbie Wild           | 10 Troutbeck Br | 37.34 | 258    |
| 15    | Rebecca McMinn       | 10 Workington   | 37.36 | 258    |
| 16    | Katie Sutor          | 10 Workington   | 37.84 | 248    |
| 17    | Eleanor Nanson       | 10 Cockermonth  | 38.75 | 231    |
| 18    | Ruby Vernon          | 10 Kendal       | 39.31 | 221    |
| 19    | Rebecca Semple       | 10 Cockermonth  | 39.61 | 216    |
| 20    | Morwenna Johnston    | 10 Carlisle WP  | 40.13 | 208    |
| 21    | Hannah Messenger     | 10 Co Carlisle  | 40.24 | 206    |
| 22    | Chloe Woollerton     | 10 Co Carlisle  | 40.86 | 197    |
| 23    | Mollie Stronach      | 10 Barrow       | 42.56 | 174    |

## 09 Yrs/Over Age Group

| Place | Name             | AaD Club       | Time  | Points |
|-------|------------------|----------------|-------|--------|
| 1     | Georgia Denney   | 14 Kendal      | 28.09 | 607    |
| 2     | Laura Huggon     | 18 Penrith     | 28.10 | 606    |
| 3     | Ashleigh Dale    | 15 Barrow      | 28.94 | 555    |
| 4     | Lucy McKenzie    | 12 Cockermonth | 28.97 | 553    |
| 5     | Katrina MacColl  | 17 Co Carlisle | 29.08 | 547    |
| 6     | Anna Broadbent   | 14 Cockermonth | 29.33 | 533    |
| 7     | Charlotte Hill   | 13 Ulverston   | 29.48 | 525    |
| 8     | Georgia Hevey    | 14 Ulverston   | 29.50 | 524    |
| 9     | Joanna Yates     | 14 Barrow      | 29.71 | 513    |
| 10    | Karlie Stockdale | 14 Barrow      | 29.78 | 509    |
| 11    | Victoria Hevey   | 17 Ulverston   | 29.82 | 507    |
| 12    | Becky Walley     | 13 Copeland    | 29.87 | 505    |
| 13    | Amy Richardson   | 15 Co Carlisle | 29.98 | 499    |
| 14    | Anna Newlands    | 12 Copeland    | 30.07 | 495    |

|                           |                 |       |     |
|---------------------------|-----------------|-------|-----|
| 15 Sophie McMillan        | 14 Carlisle WP  | 30.08 | 494 |
| 16 Justine Marshall       | 13 Kendal       | 30.09 | 494 |
| 17 Grace Newlands         | 15 Copeland     | 30.10 | 493 |
| 18 Kirkby Kavanagh        | 14 Barrow       | 30.22 | 487 |
| 19 Jenny Mather           | 14 Penrith      | 30.24 | 486 |
| 20 Katie Louise Gunson    | 14 Ulverston    | 30.35 | 481 |
| 20 Bethany Titterington   | 15 Penrith      | 30.35 | 481 |
| 22 Charlotte Horner       | 16 Copeland     | 30.48 | 475 |
| 23 Amy Barker             | 13 Carlisle WP  | 30.57 | 471 |
| 24 Ashleigh Backhouse     | 12 Co Carlisle  | 30.60 | 469 |
| 25 Paige Jackson          | 13 Workington   | 30.71 | 464 |
| 26 Molly Kenwright        | 13 Co Carlisle  | 30.99 | 452 |
| 27 Ella Chester           | 12 Barrow       | 31.07 | 448 |
| 27 Laura Marr             | 14 Copeland     | 31.07 | 448 |
| 29 Hazel Marsh            | 14 Troutbeck Br | 31.12 | 446 |
| 30 Emily Richardson       | 14 Co Carlisle  | 31.17 | 444 |
| 31 Faye Rawlinson         | 14 Kendal       | 31.20 | 443 |
| 32 Clara Minnican         | 13 Barrow       | 31.31 | 438 |
| 33 Carla McWilliams       | 15 Co Carlisle  | 31.33 | 437 |
| 34 Hannah Fowler          | 13 Workington   | 31.38 | 435 |
| 35 Hannah Noble           | 19 Troutbeck Br | 31.55 | 428 |
| 36 Olivia Williams        | 12 Kendal       | 31.84 | 417 |
| 37 Amy Richardson         | 12 Troutbeck Br | 31.92 | 413 |
| 37 Rosie Wicks            | 14 Ulverston    | 31.92 | 413 |
| 39 Lisa Foy               | 14 Ulverston    | 32.08 | 407 |
| 40 Shannon Mossop         | 14 Copeland     | 32.13 | 405 |
| 41 Georgia Routledge      | 16 Co Carlisle  | 32.17 | 404 |
| 42 Zarina Wilson          | 12 Ulverston    | 32.27 | 400 |
| 43 Courtney Mossop        | 17 Copeland     | 32.28 | 400 |
| 44 Katie Higgins          | 13 Carlisle WP  | 32.36 | 397 |
| 45 Laura Garrick          | 13 Troutbeck Br | 32.47 | 393 |
| 46 Lauren Graham          | 13 Copeland     | 32.52 | 391 |
| 47 Lydia Elizabeth Howard | 14 Ulverston    | 32.53 | 391 |
| 48 Catherine Trafford     | 14 Cocker mouth | 32.55 | 390 |
| 49 Niamh Johnson          | 13 Barrow       | 32.68 | 385 |
| 50 Alexandra Armstrong    | 15 Carlisle WP  | 32.69 | 385 |
| 51 Emma Braithwaite       | 15 Ulverston    | 32.91 | 377 |
| 52 Caitlin Wren           | 11 Barrow       | 33.08 | 371 |
| 53 Madeline Wilson        | 32 Barrow       | 33.13 | 370 |
| 54 Charlotte Williamson   | 12 Workington   | 33.15 | 369 |
| 55 Rebecca Reid           | 13 Barrow       | 33.30 | 364 |

|                         |    |              |       |     |
|-------------------------|----|--------------|-------|-----|
| 56 Courtney Watson      | 13 | Cockermouth  | 33.34 | 363 |
| 57 Chloe Carr           | 11 | Copeland     | 33.52 | 357 |
| 57 Caitlin McNaughton   | 12 | Co Carlisle  | 33.52 | 357 |
| 59 Lucy Mather          | 12 | Penrith      | 33.58 | 355 |
| 60 Rebecca Clark        | 11 | Cockermouth  | 33.60 | 355 |
| 61 Emily Wild           | 12 | Troutbeck Br | 33.77 | 349 |
| 62 Lucinda Macmillan    | 13 | Carlisle WP  | 33.87 | 346 |
| 63 Claire Foster        | 12 | Carlisle WP  | 33.91 | 345 |
| 64 Louise Bell          | 14 | Carlisle WP  | 33.92 | 345 |
| 65 Aisling McCracken    | 11 | Barrow       | 33.97 | 343 |
| 66 Alice McCone         | 13 | Co Carlisle  | 34.13 | 338 |
| 67 Ruth McEwen          | 11 | Barrow       | 34.21 | 336 |
| 68 Annabel Smith        | 11 | Ulverston    | 34.36 | 331 |
| 69 Ellen Jones          | 12 | Penrith      | 34.41 | 330 |
| 70 Chelsea Atkinson     | 11 | Cockermouth  | 34.45 | 329 |
| 71 Bethany Clark        | 12 | Co Carlisle  | 34.58 | 325 |
| 72 Alix Knagg           | 11 | Ulverston    | 34.61 | 324 |
| 73 Rebecca Lightowler   | 12 | Carlisle WP  | 34.63 | 324 |
| 74 Jessica Rose         | 12 | Carlisle WP  | 34.65 | 323 |
| 75 Connie Bowman        | 11 | Co Carlisle  | 34.70 | 322 |
| 76 Emily Cox            | 11 | Barrow       | 34.72 | 321 |
| 77 Stephanie Booth      | 12 | Troutbeck Br | 34.73 | 321 |
| 78 Victoria Stanwix     | 12 | Co Carlisle  | 34.89 | 317 |
| 79 Rebekah Booth        | 13 | Troutbeck Br | 34.92 | 316 |
| 80 Rachael Morrell      | 11 | Ulverston    | 35.00 | 314 |
| 81 Rebecca Harby        | 12 | Carlisle WP  | 35.13 | 310 |
| 81 Rebecca Titterington | 12 | Penrith      | 35.13 | 310 |
| 83 Laura Moore          | 11 | Copeland     | 35.14 | 310 |
| 84 Megan Roper          | 9  | Ulverston    | 35.16 | 309 |
| 85 Ashton Ridgway       | 11 | Barrow       | 35.34 | 305 |
| 86 Jordan Brooks        | 11 | Barrow       | 35.35 | 304 |
| 87 Martina Taylor       | 13 | Cockermouth  | 35.37 | 304 |
| 88 Heather Dawson       | 12 | Barrow       | 35.39 | 303 |
| 89 Abbie Heseltine      | 11 | Barrow       | 35.40 | 303 |
| 89 Isabel Postlethwaite | 10 | Copeland     | 35.40 | 303 |
| 91 Zara McKnight        | 10 | Co Carlisle  | 35.42 | 303 |
| 92 Emily Truman         | 12 | Barrow       | 35.51 | 300 |
| 93 Sarah Lightowler     | 10 | Carlisle WP  | 35.61 | 298 |
| 94 Elizabeth Perkins    | 11 | Kendal       | 35.70 | 296 |
| 95 Lucy-Jane Wilson     | 11 | Carlisle WP  | 35.72 | 295 |
| 96 Laura Davison        | 10 | Co Carlisle  | 35.81 | 293 |

|                            |    |              |        |     |
|----------------------------|----|--------------|--------|-----|
| 97 Rebecca Fell            | 9  | Ulverston    | 35.98  | 289 |
| 98 Rebecca Telford         | 12 | Copeland     | 36.19  | 284 |
| 99 Eve White               | 10 | Co Carlisle  | 36.21  | 283 |
| 100 Phoebe Wilson          | 10 | Co Carlisle  | 36.35  | 280 |
| 101 Hannah McGarry         | 10 | Workington   | 36.47  | 277 |
| 102 Wendy Winter           | 10 | Kendal       | 36.52  | 276 |
| 103 Sophie Little          | 10 | Workington   | 36.54  | 276 |
| 104 Rebecca Robertshaw     | 10 | Carlisle WP  | 36.57  | 275 |
| 105 Emily Reay             | 9  | Kendal       | 36.60  | 274 |
| 106 Lois Turner            | 10 | Penrith      | 36.70  | 272 |
| 107 Annalise Younghusband- | 11 | Cockermouth  | 36.83  | 269 |
| 108 Lauren Coulson         | 11 | Cockermouth  | 36.92  | 267 |
| 109 Rhiannon Ellis         | 10 | Barrow       | 37.18  | 262 |
| 110 Sophie Dodd            | 10 | Co Carlisle  | 37.33  | 259 |
| 111 Abbie Wild             | 10 | Troutbeck Br | 37.34  | 258 |
| 112 Rebecca McMinn         | 10 | Workington   | 37.36  | 258 |
| 113 Katie Suitor           | 10 | Workington   | 37.84  | 248 |
| 114 Natasha Hall           | 11 | Carlisle WP  | 37.92  | 247 |
| 115 Amber Patterson        | 11 | Co Carlisle  | 38.56  | 235 |
| 116 Eleanor Nanson         | 10 | Cockermouth  | 38.75  | 231 |
| 117 Victoria Swan          | 9  | Ulverston    | 38.91  | 228 |
| 118 Ruby Vernon            | 10 | Kendal       | 39.31  | 221 |
| 119 Charlotte Stamper      | 9  | Copeland     | 39.36  | 221 |
| 120 Rebecca Semple         | 10 | Cockermouth  | 39.61  | 216 |
| 121 Laura Robinson         | 9  | Carlisle WP  | 39.80  | 213 |
| 122 Morwenna Johnston      | 10 | Carlisle WP  | 40.13  | 208 |
| 123 Hannah Messenger       | 10 | Co Carlisle  | 40.24  | 206 |
| 124 Lauren Cooley          | 9  | Cockermouth  | 40.84  | 197 |
| 125 Chloe Woollerton       | 10 | Co Carlisle  | 40.86  | 197 |
| 126 Brodie Swallow         | 9  | Kendal       | 40.87  | 197 |
| 127 Imogen Burrow          | 9  | Kendal       | 40.90  | 197 |
| 128 Alyshia Gill           | 9  | Co Carlisle  | 41.43  | 189 |
| 129 Alex Messenger         | 9  | Copeland     | 42.48  | 175 |
| 130 Mollie Stronach        | 10 | Barrow       | 42.56  | 174 |
| Sarah Hurtley              | 11 | Kendal       | DQ ST- |     |
| Lorna Hughes               | 16 | Workington   | DQ ST- |     |

11 Yrs Age Group

| Place | Name          | AaD | Club        | Time  | Points |
|-------|---------------|-----|-------------|-------|--------|
| 1     | Caitlin Wren  | 11  | Barrow      | 33.08 | 371    |
| 2     | Chloe Carr    | 11  | Copeland    | 33.52 | 357    |
| 3     | Rebecca Clark | 11  | Cockermouth | 33.60 | 355    |

|                           |    |             |        |     |
|---------------------------|----|-------------|--------|-----|
| 4 Aisling McCracken       | 11 | Barrow      | 33.97  | 343 |
| 5 Ruth McEwen             | 11 | Barrow      | 34.21  | 336 |
| 6 Annabel Smith           | 11 | Ulverston   | 34.36  | 331 |
| 7 Chelsea Atkinson        | 11 | Cockermouth | 34.45  | 329 |
| 8 Alix Knagg              | 11 | Ulverston   | 34.61  | 324 |
| 9 Connie Bowman           | 11 | Co Carlisle | 34.70  | 322 |
| 10 Emily Cox              | 11 | Barrow      | 34.72  | 321 |
| 11 Rachael Morrell        | 11 | Ulverston   | 35.00  | 314 |
| 12 Laura Moore            | 11 | Copeland    | 35.14  | 310 |
| 13 Ashton Ridgway         | 11 | Barrow      | 35.34  | 305 |
| 14 Jordan Brooks          | 11 | Barrow      | 35.35  | 304 |
| 15 Abbie Heseltine        | 11 | Barrow      | 35.40  | 303 |
| 16 Elizabeth Perkins      | 11 | Kendal      | 35.70  | 296 |
| 17 Lucy-Jane Wilson       | 11 | Carlisle WP | 35.72  | 295 |
| 18 Annalise Younghusband- | 11 | Cockermouth | 36.83  | 269 |
| 19 Lauren Coulson         | 11 | Cockermouth | 36.92  | 267 |
| 20 Natasha Hall           | 11 | Carlisle WP | 37.92  | 247 |
| 21 Amber Patterson        | 11 | Co Carlisle | 38.56  | 235 |
| Sarah Hurtley             | 11 | Kendal      | DQ ST- |     |

#### 12 Yrs Age Group

| Place | Name                 | AaD | Club         | Time  | Points |
|-------|----------------------|-----|--------------|-------|--------|
| 1     | Lucy McKenzie        | 12  | Cockermouth  | 28.97 | 553    |
| 2     | Anna Newlands        | 12  | Copeland     | 30.07 | 495    |
| 3     | Ashleigh Backhouse   | 12  | Co Carlisle  | 30.60 | 469    |
| 4     | Ella Chester         | 12  | Barrow       | 31.07 | 448    |
| 5     | Olivia Williams      | 12  | Kendal       | 31.84 | 417    |
| 6     | Amy Richardson       | 12  | Troutbeck Br | 31.92 | 413    |
| 7     | Zarina Wilson        | 12  | Ulverston    | 32.27 | 400    |
| 8     | Charlotte Williamson | 12  | Workington   | 33.15 | 369    |
| 9     | Caitlin McNaughton   | 12  | Co Carlisle  | 33.52 | 357    |
| 10    | Lucy Mather          | 12  | Penrith      | 33.58 | 355    |
| 11    | Emily Wild           | 12  | Troutbeck Br | 33.77 | 349    |
| 12    | Claire Foster        | 12  | Carlisle WP  | 33.91 | 345    |
| 13    | Ellen Jones          | 12  | Penrith      | 34.41 | 330    |
| 14    | Bethany Clark        | 12  | Co Carlisle  | 34.58 | 325    |
| 15    | Rebecca Lightowler   | 12  | Carlisle WP  | 34.63 | 324    |
| 16    | Jessica Rose         | 12  | Carlisle WP  | 34.65 | 323    |
| 17    | Stephanie Booth      | 12  | Troutbeck Br | 34.73 | 321    |
| 18    | Victoria Stanwix     | 12  | Co Carlisle  | 34.89 | 317    |
| 19    | Rebecca Harby        | 12  | Carlisle WP  | 35.13 | 310    |
| 19    | Rebecca Titterington | 12  | Penrith      | 35.13 | 310    |

|                    |             |       |     |
|--------------------|-------------|-------|-----|
| 21 Heather Dawson  | 12 Barrow   | 35.39 | 303 |
| 22 Emily Truman    | 12 Barrow   | 35.51 | 300 |
| 23 Rebecca Telford | 12 Copeland | 36.19 | 284 |

#### 13 Yrs Age Group

| Place | Name              | AaD Club        | Time  | Points |
|-------|-------------------|-----------------|-------|--------|
| 1     | Charlotte Hill    | 13 Ulverston    | 29.48 | 525    |
| 2     | Becky Walley      | 13 Copeland     | 29.87 | 505    |
| 3     | Justine Marshall  | 13 Kendal       | 30.09 | 494    |
| 4     | Amy Barker        | 13 Carlisle WP  | 30.57 | 471    |
| 5     | Paige Jackson     | 13 Workington   | 30.71 | 464    |
| 6     | Molly Kenwright   | 13 Co Carlisle  | 30.99 | 452    |
| 7     | Clara Minnican    | 13 Barrow       | 31.31 | 438    |
| 8     | Hannah Fowler     | 13 Workington   | 31.38 | 435    |
| 9     | Katie Higgins     | 13 Carlisle WP  | 32.36 | 397    |
| 10    | Laura Garrick     | 13 Troutbeck Br | 32.47 | 393    |
| 11    | Lauren Graham     | 13 Copeland     | 32.52 | 391    |
| 12    | Niamh Johnson     | 13 Barrow       | 32.68 | 385    |
| 13    | Rebecca Reid      | 13 Barrow       | 33.30 | 364    |
| 14    | Courtney Watson   | 13 Cockermonth  | 33.34 | 363    |
| 15    | Lucinda Macmillan | 13 Carlisle WP  | 33.87 | 346    |
| 16    | Alice McCone      | 13 Co Carlisle  | 34.13 | 338    |
| 17    | Rebekah Booth     | 13 Troutbeck Br | 34.92 | 316    |
| 18    | Martina Taylor    | 13 Cockermonth  | 35.37 | 304    |

#### 14 Yrs Age Group

| Place | Name                | AaD Club        | Time  | Points |
|-------|---------------------|-----------------|-------|--------|
| 1     | Georgia Denney      | 14 Kendal       | 28.09 | 607    |
| 2     | Anna Broadbent      | 14 Cockermonth  | 29.33 | 533    |
| 3     | Georgia Hevey       | 14 Ulverston    | 29.50 | 524    |
| 4     | Joanna Yates        | 14 Barrow       | 29.71 | 513    |
| 5     | Karlie Stockdale    | 14 Barrow       | 29.78 | 509    |
| 6     | Sophie McMillan     | 14 Carlisle WP  | 30.08 | 494    |
| 7     | Kirkby Kavanagh     | 14 Barrow       | 30.22 | 487    |
| 8     | Jenny Mather        | 14 Penrith      | 30.24 | 486    |
| 9     | Katie Louise Gunson | 14 Ulverston    | 30.35 | 481    |
| 10    | Laura Marr          | 14 Copeland     | 31.07 | 448    |
| 11    | Hazel Marsh         | 14 Troutbeck Br | 31.12 | 446    |
| 12    | Emily Richardson    | 14 Co Carlisle  | 31.17 | 444    |
| 13    | Faye Rawlinson      | 14 Kendal       | 31.20 | 443    |
| 14    | Rosie Wicks         | 14 Ulverston    | 31.92 | 413    |
| 15    | Lisa Foy            | 14 Ulverston    | 32.08 | 407    |
| 16    | Shannon Mossop      | 14 Copeland     | 32.13 | 405    |

|                              |                        |     |              |        |        |
|------------------------------|------------------------|-----|--------------|--------|--------|
| 17                           | Lydia Elizabeth Howard | 14  | Ulverston    | 32.53  | 391    |
| 18                           | Catherine Trafford     | 14  | Cockermouth  | 32.55  | 390    |
| 19                           | Louise Bell            | 14  | Carlisle WP  | 33.92  | 345    |
| <b>15 Yrs Age Group</b>      |                        |     |              |        |        |
| Place                        | Name                   | AaD | Club         | Time   | Points |
| 1                            | Ashleigh Dale          | 15  | Barrow       | 28.94  | 555    |
| 2                            | Amy Richardson         | 15  | Co Carlisle  | 29.98  | 499    |
| 3                            | Grace Newlands         | 15  | Copeland     | 30.10  | 493    |
| 4                            | Bethany Titterington   | 15  | Penrith      | 30.35  | 481    |
| 5                            | Carla McWilliams       | 15  | Co Carlisle  | 31.33  | 437    |
| 6                            | Alexandra Armstrong    | 15  | Carlisle WP  | 32.69  | 385    |
| 7                            | Emma Braithwaite       | 15  | Ulverston    | 32.91  | 377    |
| <b>16 Yrs/Over Age Group</b> |                        |     |              |        |        |
| Place                        | Name                   | AaD | Club         | Time   | Points |
| 1                            | Laura Huggon           | 18  | Penrith      | 28.10  | 606    |
| 2                            | Katrina MacColl        | 17  | Co Carlisle  | 29.08  | 547    |
| 3                            | Victoria Hevey         | 17  | Ulverston    | 29.82  | 507    |
| 4                            | Charlotte Horner       | 16  | Copeland     | 30.48  | 475    |
| 5                            | Hannah Noble           | 19  | Troutbeck Br | 31.55  | 428    |
| 6                            | Georgia Routledge      | 16  | Co Carlisle  | 32.17  | 404    |
| 7                            | Courtney Mossop        | 17  | Copeland     | 32.28  | 400    |
| 8                            | Madeline Wilson        | 32  | Barrow       | 33.13  | 370    |
|                              | Lorna Hughes           | 16  | Workington   | DQ ST- |        |

#### **EVENT 48 Boys 12 Yrs/Over 100m Breaststroke**

##### **16 Yrs/Over Age Group**

| Place | Name           | AaD | Club        | Time    | Points | 50    |
|-------|----------------|-----|-------------|---------|--------|-------|
| 1     | Craig Elliot   | 22  | Cockermouth | 1:07.65 | 616    | 29.58 |
| 2     | John Blain     | 17  | Barrow      | 1:10.22 | 551    | 32.92 |
| 3     | Ryan Clifford  | 17  | Cockermouth | 1:10.76 | 538    | 33.45 |
| 4     | Joe Elwood     | 16  | Ulverston   | 1:11.50 | 522    | 34.44 |
| 5     | Jamie Warwick  | 18  | Carlisle WP | 1:13.61 | 478    | 34.36 |
| 6     | David Thompson | 17  | Barrow      | 1:15.35 | 446    | 35.49 |
| 7     | Alex Magill    | 16  | Carlisle WP | 1:18.10 | 400    | 37.26 |
| 8     | Gordon Belbin  | 47  | Ulverston   | 1:19.13 | 385    | 37.06 |
| 9     | Graham Pearson | 57  | Co Carlisle | 1:19.72 | 376    | 38.00 |
| 10    | Matthew Kelly  | 16  | Co Carlisle | 1:22.79 | 336    | 38.54 |

##### **15 Yrs Age Group**

| Place | Name        | AaD | Club        | Time    | Points | 50    |
|-------|-------------|-----|-------------|---------|--------|-------|
| 1     | Ryan Wilkie | 15  | Carlisle WP | 1:20.85 | 361    | 38.26 |
| 2     | Ben Clarke  | 15  | Kendal      | 1:21.07 | 358    | 37.39 |

|                       |                        |     |             |         |        |       |
|-----------------------|------------------------|-----|-------------|---------|--------|-------|
| 3                     | Jason Bell             | 15  | Carlisle WP | 1:24.60 | 315    | 39.65 |
|                       | Jack Barker            | 15  | Co Carlisle | DQ ST-  |        |       |
| 14 Yrs Age Group      |                        |     |             |         |        |       |
| Place                 | Name                   | AaD | Club        | Time    | Points | 50    |
| 1                     | Fraser Minnican        | 14  | Ulverston   | 1:11.47 | 522    | 33.91 |
| 2                     | Haydn Birkett          | 14  | Copeland    | 1:17.13 | 416    | 36.19 |
| 3                     | Curtis Corrie          | 14  | Barrow      | 1:20.88 | 360    | 38.36 |
| 4                     | Cameron Jeal           | 14  | Penrith     | 1:21.28 | 355    | 37.64 |
| 5                     | Anthony Ryan           | 14  | Co Carlisle | 1:22.70 | 337    | 38.70 |
| 6                     | Andrew Kerr            | 14  | Barrow      | 1:26.36 | 296    | 41.14 |
| 13 Yrs Age Group      |                        |     |             |         |        |       |
| Place                 | Name                   | AaD | Club        | Time    | Points | 50    |
| 1                     | Oliver Smith           | 13  | Workington  | 1:23.34 | 329    | 39.38 |
| 2                     | Joel Bland             | 13  | Barrow      | 1:24.01 | 322    | 39.72 |
| 3                     | Scott Bailey           | 13  | Copeland    | 1:24.14 | 320    | 39.66 |
| 4                     | Sam Routledge          | 13  | Carlisle WP | 1:24.63 | 315    | 39.82 |
| 5                     | Paul Balduenza         | 13  | Copeland    | 1:26.73 | 292    | 40.71 |
| 6                     | Michael James Cheetham | 13  | Ulverston   | 1:31.78 | 247    | 43.63 |
| 7                     | Joseph Singleton       | 13  | Barrow      | 1:31.79 | 247    | 43.69 |
| 12 Yrs Age Group      |                        |     |             |         |        |       |
| Place                 | Name                   | AaD | Club        | Time    | Points | 50    |
| 1                     | Thomas Millburn        | 12  | Workington  | 1:17.79 | 405    | 37.12 |
| 2                     | Jack Richardson        | 12  | Co Carlisle | 1:26.25 | 297    | 40.66 |
| 3                     | Richard Stamper        | 12  | Copeland    | 1:26.55 | 294    | 41.77 |
| 4                     | Luke Greenbank         | 12  | Cockermouth | 1:29.38 | 267    | 42.81 |
| 5                     | Matthew Ivison         | 12  | Workington  | 1:32.10 | 244    | 44.81 |
| 6                     | Jordan Hull            | 12  | Co Carlisle | 1:32.59 | 240    | 44.75 |
| 7                     | Christian Balmer       | 12  | Cockermouth | 1:33.74 | 232    | 44.35 |
|                       | Vincent Sue            | 12  | Barrow      | DQ ST-  |        |       |
| 12 Yrs/Over Age Group |                        |     |             |         |        |       |
| Place                 | Name                   | AaD | Club        | Time    | Points | 50    |
| 1                     | Craig Elliot           | 22  | Cockermouth | 1:07.65 | 616    | 29.58 |
| 2                     | John Blain             | 17  | Barrow      | 1:10.22 | 551    | 32.92 |
| 3                     | Ryan Clifford          | 17  | Cockermouth | 1:10.76 | 538    | 33.45 |
| 4                     | Fraser Minnican        | 14  | Ulverston   | 1:11.47 | 522    | 33.91 |
| 5                     | Joe Elwood             | 16  | Ulverston   | 1:11.50 | 522    | 34.44 |
| 6                     | Jamie Warwick          | 18  | Carlisle WP | 1:13.61 | 478    | 34.36 |
| 7                     | David Thompson         | 17  | Barrow      | 1:15.35 | 446    | 35.49 |
| 8                     | Haydn Birkett          | 14  | Copeland    | 1:17.13 | 416    | 36.19 |
| 9                     | Thomas Millburn        | 12  | Workington  | 1:17.79 | 405    | 37.12 |
| 10                    | Alex Magill            | 16  | Carlisle WP | 1:18.10 | 400    | 37.26 |

|                           |                 |         |     |       |
|---------------------------|-----------------|---------|-----|-------|
| 11 Gordon Belbin          | 47 Ulverston    | 1:19.13 | 385 | 37.06 |
| 12 Graham Pearson         | 57 Co Carlisle  | 1:19.72 | 376 | 38.00 |
| 13 Ryan Wilkie            | 15 Carlisle WP  | 1:20.85 | 361 | 38.26 |
| 14 Curtis Corrie          | 14 Barrow       | 1:20.88 | 360 | 38.36 |
| 15 Ben Clarke             | 15 Kendal       | 1:21.07 | 358 | 37.39 |
| 16 Cameron Jeal           | 14 Penrith      | 1:21.28 | 355 | 37.64 |
| 17 Anthony Ryan           | 14 Co Carlisle  | 1:22.70 | 337 | 38.70 |
| 18 Matthew Kelly          | 16 Co Carlisle  | 1:22.79 | 336 | 38.54 |
| 19 Oliver Smith           | 13 Workington   | 1:23.34 | 329 | 39.38 |
| 20 Joel Bland             | 13 Barrow       | 1:24.01 | 322 | 39.72 |
| 21 Scott Bailey           | 13 Copeland     | 1:24.14 | 320 | 39.66 |
| 22 Jason Bell             | 15 Carlisle WP  | 1:24.60 | 315 | 39.65 |
| 23 Sam Routledge          | 13 Carlisle WP  | 1:24.63 | 315 | 39.82 |
| 24 Jack Richardson        | 12 Co Carlisle  | 1:26.25 | 297 | 40.66 |
| 25 Andrew Kerr            | 14 Barrow       | 1:26.36 | 296 | 41.14 |
| 26 Richard Stamper        | 12 Copeland     | 1:26.55 | 294 | 41.77 |
| 27 Paul Baldueza          | 13 Copeland     | 1:26.73 | 292 | 40.71 |
| 28 Luke Greenbank         | 12 Cocker-mouth | 1:29.38 | 267 | 42.81 |
| 29 Michael James Cheetham | 13 Ulverston    | 1:31.78 | 247 | 43.63 |
| 30 Joseph Singleton       | 13 Barrow       | 1:31.79 | 247 | 43.69 |
| 31 Matthew Ivison         | 12 Workington   | 1:32.10 | 244 | 44.81 |
| 32 Jordan Hull            | 12 Co Carlisle  | 1:32.59 | 240 | 44.75 |
| 33 Christian Balmer       | 12 Cocker-mouth | 1:33.74 | 232 | 44.35 |
| Vincent Sue               | 12 Barrow       | DQ ST-  |     |       |
| Jack Barker               | 15 Co Carlisle  | DQ ST-  |     |       |

#### EVENT 49 Girls 09 Yrs/Over 200m IM

09 Yrs/Over Age Group

| Place | Name             | AaD | Club         | Time    | Points | 50    | 100     | 150     |
|-------|------------------|-----|--------------|---------|--------|-------|---------|---------|
| 1     | Ashleigh Dale    | 15  | Barrow       | 2:26.81 | 659    | 31.38 | 1:08.83 | 1:53.54 |
| 2     | Lucy McKenzie    | 12  | Cocker-mouth | 2:27.25 | 653    | 33.07 | 1:10.85 | 1:54.22 |
| 3     | Grace Newlands   | 15  | Copeland     | 2:27.33 | 652    | 34.18 | 1:12.02 | 1:53.15 |
| 4     | Karlie Stockdale | 14  | Barrow       | 2:31.08 | 604    | 34.26 | 1:11.21 | 1:56.70 |
| 5     | Laura Huggon     | 18  | Penrith      | 2:31.24 | 603    | 33.18 | 1:09.42 | 1:55.62 |
| 6     | Anna Broadbent   | 14  | Cocker-mouth | 2:33.61 | 575    | 33.73 | 1:11.91 | 1:57.56 |
| 7     | Amy Richardson   | 15  | Co Carlisle  | 2:36.31 | 546    | 33.93 | 1:12.96 | 2:01.24 |
| 8     | Kirkby Kavanagh  | 14  | Barrow       | 2:36.44 | 544    | 34.45 | 1:16.22 | 2:00.00 |
| 9     | Anna Newlands    | 12  | Copeland     | 2:36.62 | 543    | 34.88 | 1:14.21 | 2:02.18 |
| 10    | Becky Walley     | 13  | Copeland     | 2:37.84 | 530    | 35.04 | 1:15.87 | 2:02.13 |
| 11    | Charlotte Hill   | 13  | Ulverston    | 2:38.84 | 520    | 36.13 | 1:16.17 | 2:03.09 |
| 12    | Katrina MacColl  | 17  | Co Carlisle  | 2:39.05 | 518    | 33.64 | 1:14.60 | 2:04.01 |

|                           |                 |         |     |       |         |         |
|---------------------------|-----------------|---------|-----|-------|---------|---------|
| 13 Emily Richardson       | 14 Co Carlisle  | 2:39.96 | 509 | 35.14 | 1:14.57 | 2:00.81 |
| 14 Katie Louise Gunson    | 14 Ulverston    | 2:40.57 | 503 | 36.18 | 1:15.54 | 2:04.77 |
| 15 Georgia Hevey          | 14 Ulverston    | 2:40.60 | 503 | 36.69 | 1:17.09 | 2:04.27 |
| 16 Carla McWilliams       | 15 Co Carlisle  | 2:40.67 | 503 | 35.32 | 1:14.54 | 2:03.31 |
| 17 Lorna Hughes           | 16 Workington   | 2:41.48 | 495 | 33.91 | 1:15.99 | 2:05.94 |
| 18 Ashleigh Backhouse     | 12 Co Carlisle  | 2:41.94 | 491 | 33.60 | 1:14.56 | 2:05.34 |
| 19 Courtney Mossop        | 17 Copeland     | 2:44.35 | 470 | 37.39 | 1:18.21 | 2:05.11 |
| 20 Georgia Denney         | 14 Kendal       | 2:45.21 | 462 | 34.75 | 1:14.40 | 2:10.81 |
| 21 Victoria Hevey         | 17 Ulverston    | 2:45.37 | 461 | 36.97 | 1:14.76 | 2:07.01 |
| 22 Zarina Wilson          | 12 Ulverston    | 2:45.41 | 461 | 36.03 | 1:16.61 | 2:07.39 |
| 23 Laura Marr             | 14 Copeland     | 2:45.45 | 460 | 36.98 | 1:19.70 | 2:09.48 |
| 24 Justine Marshall       | 13 Kendal       | 2:46.47 | 452 | 36.19 | 1:16.33 | 2:09.35 |
| 25 Laura Garrick          | 13 Troutbeck Br | 2:48.00 | 440 | 38.53 | 1:19.91 | 2:09.88 |
| 25 Sophie McMillan        | 14 Carlisle WP  | 2:48.00 | 440 | 35.51 | 1:19.20 | 2:10.58 |
| 27 Ella Chester           | 12 Barrow       | 2:48.79 | 433 | 35.85 | 1:19.26 | 2:11.65 |
| 28 Clara Minnican         | 13 Barrow       | 2:49.42 | 429 | 36.30 | 1:20.34 | 2:12.91 |
| 29 Amy Barker             | 13 Carlisle WP  | 2:49.54 | 428 | 35.85 | 1:17.77 | 2:09.93 |
| 30 Bethany Titterington   | 15 Penrith      | 2:49.83 | 426 | 36.79 | 1:18.52 | 2:10.50 |
| 31 Courtney Watson        | 13 Cocker mouth | 2:49.84 | 425 | 41.66 | 1:24.02 | 2:12.87 |
| 32 Jenny Mather           | 14 Penrith      | 2:51.34 | 414 | 35.43 | 1:19.59 | 2:11.43 |
| 33 Lisa Foy               | 14 Ulverston    | 2:51.94 | 410 | 36.90 | 1:19.88 | 2:13.03 |
| 34 Katie Higgins          | 13 Carlisle WP  | 2:53.23 | 401 | 37.04 | 1:21.33 | 2:12.52 |
| 35 Amy Richardson         | 12 Troutbeck Br | 2:54.32 | 393 | 37.24 | 1:20.91 | 2:15.62 |
| 36 Lauren Watson          | 13 Co Carlisle  | 2:54.65 | 391 | 39.12 | 1:23.19 | 2:14.92 |
| 37 Lydia Elizabeth Howard | 14 Ulverston    | 2:56.14 | 381 | 36.58 | 1:19.49 | 2:13.66 |
| 38 Rebecca Reid           | 13 Barrow       | 2:58.29 | 368 | 38.33 | 1:22.35 | 2:18.31 |
| 39 Rebecca Clark          | 11 Cocker mouth | 2:58.39 | 367 | 41.42 | 1:23.43 | 2:16.95 |
| 40 Emily Wild             | 12 Troutbeck Br | 2:58.79 | 365 | 38.59 | 1:22.63 | 2:18.79 |
| 41 Lucy Mather            | 12 Penrith      | 2:59.04 | 363 | 40.88 | 1:25.76 | 2:20.22 |
| 42 Niamh Johnson          | 13 Barrow       | 2:59.05 | 363 | 40.03 | 1:25.43 | 2:18.66 |
| 43 Charlotte Williamson   | 12 Workington   | 2:59.17 | 362 | 41.85 | 1:27.00 | 2:17.97 |
| 44 Stephanie Booth        | 12 Troutbeck Br | 3:01.58 | 348 | 42.84 | 1:27.21 | 2:18.55 |
| 45 Ruth McEwen            | 11 Barrow       | 3:01.82 | 347 | 40.41 | 1:27.29 | 2:21.82 |
| 46 Caitlin McNaughton     | 12 Co Carlisle  | 3:03.59 | 337 | 38.68 | 1:24.74 | 2:21.75 |
| 47 Ellen Jones            | 12 Penrith      | 3:05.02 | 329 | 41.89 | 1:29.67 | 2:23.20 |
| 48 Rebecca Titterington   | 12 Penrith      | 3:05.63 | 326 | 42.21 | 1:29.57 | 2:25.87 |
| 49 Jessica Rose           | 12 Carlisle WP  | 3:05.70 | 325 | 42.85 | 1:29.73 | 2:24.63 |
| 50 Rebecca Lightowler     | 12 Carlisle WP  | 3:06.52 | 321 | 43.26 | 1:30.59 | 2:23.97 |
| 51 Chloe Carr             | 11 Copeland     | 3:07.41 | 317 | 44.75 | 1:32.62 | 2:28.98 |
| 52 Chelsea Atkinson       | 11 Cocker mouth | 3:07.94 | 314 | 45.59 | 1:32.05 | 2:27.89 |
| 53 Laura Davison          | 10 Co Carlisle  | 3:08.59 | 311 | 42.21 | 1:30.94 | 2:27.61 |

|                         |    |             |          |     |         |         |         |
|-------------------------|----|-------------|----------|-----|---------|---------|---------|
| 54 Phoebe Wilson        | 10 | Co Carlisle | 3:08.73  | 310 | 41.78   | 1:32.86 | 2:26.93 |
| 55 Zara McKnight        | 10 | Co Carlisle | 3:08.76  | 310 | 43.47   | 1:31.15 | 2:27.54 |
| 56 Lucy-Jane Wilson     | 11 | Carlisle WP | 3:08.95  | 309 | 42.30   | 1:29.01 | 2:26.71 |
| 57 Emily Truman         | 12 | Barrow      | 3:08.96  | 309 | 42.09   | 1:29.16 | 2:26.49 |
| 58 Connie Bowman        | 11 | Co Carlisle | 3:09.38  | 307 | 45.25   | 1:34.61 | 2:29.18 |
| 59 Rebecca Robertshaw   | 10 | Carlisle WP | 3:09.43  | 307 | 41.19   | 1:29.26 | 2:26.55 |
| 60 Caitlin Wren         | 11 | Barrow      | 3:09.80  | 305 | 41.36   | 1:29.74 | 2:28.66 |
| 61 Sarah Lightowler     | 10 | Carlisle WP | 3:13.25  | 289 | 44.74   | 1:33.35 | 2:31.77 |
| 62 Rebecca McMinn       | 10 | Workington  | 3:13.29  | 289 | 46.35   | 1:36.12 | 2:30.34 |
| 63 Isabel Postlethwaite | 10 | Copeland    | 3:14.91  | 281 | 48.52   | 1:37.77 | 2:33.19 |
| 64 Katie Sutor          | 10 | Workington  | 3:16.44  | 275 | 46.36   | 1:33.86 | 2:31.93 |
| 65 Rhiannon Ellis       | 10 | Barrow      | 3:19.21  | 264 | 45.89   | 1:36.26 | 2:34.82 |
| 66 Rebecca Fell         | 9  | Ulverston   | 3:19.97  | 261 | 47.46   | 1:38.82 | 2:34.62 |
| 67 Wendy Winter         | 10 | Kendal      | 3:20.83  | 257 | 47.33   | 1:40.05 | 2:36.61 |
| 68 Eve White            | 10 | Co Carlisle | 3:20.86  | 257 | 44.42   | 1:37.11 | 2:37.73 |
| 69 Sophie Little        | 10 | Workington  | 3:23.29  | 248 | 49.09   | 1:38.01 | 2:36.07 |
| 70 Sophie Dodd          | 10 | Co Carlisle | 3:30.43  | 224 | 52.75   | 1:43.26 | 2:46.18 |
| 71 Charlotte Stamper    | 9  | Copeland    | 3:32.33  | 218 | 53.84   | 1:45.35 | 2:48.51 |
| 72 Victoria Swan        | 9  | Ulverston   | 3:37.81  | 202 | 53.52   | 1:47.39 | 2:49.93 |
| 73 Brodie Swallow       | 9  | Kendal      | 3:41.17  | 193 | 53.75   | 1:48.68 | 2:52.94 |
| 74 Imogen Burrow        | 9  | Kendal      | 3:50.28  | 171 | 56.62   | 1:57.59 | 3:01.52 |
| 75 Frances Nutley       | 9  | Carlisle WP | 4:02.35  | 146 | 1:02.56 | 2:01.09 | 3:07.89 |
| Emily Reay              | 9  | Kendal      | DQ SL-2L |     |         |         |         |
| Rachael Morrell         | 11 | Ulverston   | DQ ST-   |     |         |         |         |
| Charlotte Horner        | 16 | Copeland    | DQ ST-   |     |         |         |         |
| Maia Johl               | 10 | Penrith     | DQ T-3L  |     |         |         |         |

09 Yrs Age Group

| Place | Name              | AaD | Club        | Time     | Points | 50      | 100     | 150     |
|-------|-------------------|-----|-------------|----------|--------|---------|---------|---------|
| 1     | Rebecca Fell      | 9   | Ulverston   | 3:19.97  | 261    | 47.46   | 1:38.82 | 2:34.62 |
| 2     | Charlotte Stamper | 9   | Copeland    | 3:32.33  | 218    | 53.84   | 1:45.35 | 2:48.51 |
| 3     | Victoria Swan     | 9   | Ulverston   | 3:37.81  | 202    | 53.52   | 1:47.39 | 2:49.93 |
| 4     | Brodie Swallow    | 9   | Kendal      | 3:41.17  | 193    | 53.75   | 1:48.68 | 2:52.94 |
| 5     | Imogen Burrow     | 9   | Kendal      | 3:50.28  | 171    | 56.62   | 1:57.59 | 3:01.52 |
| 6     | Frances Nutley    | 9   | Carlisle WP | 4:02.35  | 146    | 1:02.56 | 2:01.09 | 3:07.89 |
|       | Emily Reay        | 9   | Kendal      | DQ SL-2L |        |         |         |         |

10 Yrs Age Group

| Place | Name               | AaD | Club        | Time    | Points | 50    | 100     | 150     |
|-------|--------------------|-----|-------------|---------|--------|-------|---------|---------|
| 1     | Laura Davison      | 10  | Co Carlisle | 3:08.59 | 311    | 42.21 | 1:30.94 | 2:27.61 |
| 2     | Phoebe Wilson      | 10  | Co Carlisle | 3:08.73 | 310    | 41.78 | 1:32.86 | 2:26.93 |
| 3     | Zara McKnight      | 10  | Co Carlisle | 3:08.76 | 310    | 43.47 | 1:31.15 | 2:27.54 |
| 4     | Rebecca Robertshaw | 10  | Carlisle WP | 3:09.43 | 307    | 41.19 | 1:29.26 | 2:26.55 |

|                        |                |         |     |       |         |         |
|------------------------|----------------|---------|-----|-------|---------|---------|
| 5 Sarah Lightowler     | 10 Carlisle WP | 3:13.25 | 289 | 44.74 | 1:33.35 | 2:31.77 |
| 6 Rebecca McMinn       | 10 Workington  | 3:13.29 | 289 | 46.35 | 1:36.12 | 2:30.34 |
| 7 Isabel Postlethwaite | 10 Copeland    | 3:14.91 | 281 | 48.52 | 1:37.77 | 2:33.19 |
| 8 Katie Sutor          | 10 Workington  | 3:16.44 | 275 | 46.36 | 1:33.86 | 2:31.93 |
| 9 Rhiannon Ellis       | 10 Barrow      | 3:19.21 | 264 | 45.89 | 1:36.26 | 2:34.82 |
| 10 Wendy Winter        | 10 Kendal      | 3:20.83 | 257 | 47.33 | 1:40.05 | 2:36.61 |
| 11 Eve White           | 10 Co Carlisle | 3:20.86 | 257 | 44.42 | 1:37.11 | 2:37.73 |
| 12 Sophie Little       | 10 Workington  | 3:23.29 | 248 | 49.09 | 1:38.01 | 2:36.07 |
| 13 Sophie Dodd         | 10 Co Carlisle | 3:30.43 | 224 | 52.75 | 1:43.26 | 2:46.18 |
| Maia Johl              | 10 Penrith     | DQ T-3L |     |       |         |         |

#### 11 Yrs Age Group

| Place | Name             | AaD Club        | Time    | Points | 50    | 100     | 150     |
|-------|------------------|-----------------|---------|--------|-------|---------|---------|
| 1     | Rebecca Clark    | 11 Cocker-mouth | 2:58.39 | 367    | 41.42 | 1:23.43 | 2:16.95 |
| 2     | Ruth McEwen      | 11 Barrow       | 3:01.82 | 347    | 40.41 | 1:27.29 | 2:21.82 |
| 3     | Chloe Carr       | 11 Copeland     | 3:07.41 | 317    | 44.75 | 1:32.62 | 2:28.98 |
| 4     | Chelsea Atkinson | 11 Cocker-mouth | 3:07.94 | 314    | 45.59 | 1:32.05 | 2:27.89 |
| 5     | Lucy-Jane Wilson | 11 Carlisle WP  | 3:08.95 | 309    | 42.30 | 1:29.01 | 2:26.71 |
| 6     | Connie Bowman    | 11 Co Carlisle  | 3:09.38 | 307    | 45.25 | 1:34.61 | 2:29.18 |
| 7     | Caitlin Wren     | 11 Barrow       | 3:09.80 | 305    | 41.36 | 1:29.74 | 2:28.66 |
|       | Rachael Morrell  | 11 Ulverston    | DQ ST-  |        |       |         |         |

#### 12 Yrs Age Group

| Place | Name                 | AaD Club        | Time    | Points | 50    | 100     | 150     |
|-------|----------------------|-----------------|---------|--------|-------|---------|---------|
| 1     | Lucy McKenzie        | 12 Cocker-mouth | 2:27.25 | 653    | 33.07 | 1:10.85 | 1:54.22 |
| 2     | Anna Newlands        | 12 Copeland     | 2:36.62 | 543    | 34.88 | 1:14.21 | 2:02.18 |
| 3     | Ashleigh Backhouse   | 12 Co Carlisle  | 2:41.94 | 491    | 33.60 | 1:14.56 | 2:05.34 |
| 4     | Zarina Wilson        | 12 Ulverston    | 2:45.41 | 461    | 36.03 | 1:16.61 | 2:07.39 |
| 5     | Ella Chester         | 12 Barrow       | 2:48.79 | 433    | 35.85 | 1:19.26 | 2:11.65 |
| 6     | Amy Richardson       | 12 Troutbeck Br | 2:54.32 | 393    | 37.24 | 1:20.91 | 2:15.62 |
| 7     | Emily Wild           | 12 Troutbeck Br | 2:58.79 | 365    | 38.59 | 1:22.63 | 2:18.79 |
| 8     | Lucy Mather          | 12 Penrith      | 2:59.04 | 363    | 40.88 | 1:25.76 | 2:20.22 |
| 9     | Charlotte Williamson | 12 Workington   | 2:59.17 | 362    | 41.85 | 1:27.00 | 2:17.97 |
| 10    | Stephanie Booth      | 12 Troutbeck Br | 3:01.58 | 348    | 42.84 | 1:27.21 | 2:18.55 |
| 11    | Caitlin McNaughton   | 12 Co Carlisle  | 3:03.59 | 337    | 38.68 | 1:24.74 | 2:21.75 |
| 12    | Ellen Jones          | 12 Penrith      | 3:05.02 | 329    | 41.89 | 1:29.67 | 2:23.20 |
| 13    | Rebecca Titterington | 12 Penrith      | 3:05.63 | 326    | 42.21 | 1:29.57 | 2:25.87 |
| 14    | Jessica Rose         | 12 Carlisle WP  | 3:05.70 | 325    | 42.85 | 1:29.73 | 2:24.63 |
| 15    | Rebecca Lightowler   | 12 Carlisle WP  | 3:06.52 | 321    | 43.26 | 1:30.59 | 2:23.97 |
| 16    | Emily Truman         | 12 Barrow       | 3:08.96 | 309    | 42.09 | 1:29.16 | 2:26.49 |

#### 13 Yrs Age Group

| Place | Name         | AaD Club    | Time    | Points | 50    | 100     | 150     |
|-------|--------------|-------------|---------|--------|-------|---------|---------|
| 1     | Becky Walley | 13 Copeland | 2:37.84 | 530    | 35.04 | 1:15.87 | 2:02.13 |

|                    |                 |         |     |       |         |         |
|--------------------|-----------------|---------|-----|-------|---------|---------|
| 2 Charlotte Hill   | 13 Ulverston    | 2:38.84 | 520 | 36.13 | 1:16.17 | 2:03.09 |
| 3 Justine Marshall | 13 Kendal       | 2:46.47 | 452 | 36.19 | 1:16.33 | 2:09.35 |
| 4 Laura Garrick    | 13 Troutbeck Br | 2:48.00 | 440 | 38.53 | 1:19.91 | 2:09.88 |
| 5 Clara Minnican   | 13 Barrow       | 2:49.42 | 429 | 36.30 | 1:20.34 | 2:12.91 |
| 6 Amy Barker       | 13 Carlisle WP  | 2:49.54 | 428 | 35.85 | 1:17.77 | 2:09.93 |
| 7 Courtney Watson  | 13 Cockermonth  | 2:49.84 | 425 | 41.66 | 1:24.02 | 2:12.87 |
| 8 Katie Higgins    | 13 Carlisle WP  | 2:53.23 | 401 | 37.04 | 1:21.33 | 2:12.52 |
| 9 Lauren Watson    | 13 Co Carlisle  | 2:54.65 | 391 | 39.12 | 1:23.19 | 2:14.92 |
| 10 Rebecca Reid    | 13 Barrow       | 2:58.29 | 368 | 38.33 | 1:22.35 | 2:18.31 |
| 11 Niamh Johnson   | 13 Barrow       | 2:59.05 | 363 | 40.03 | 1:25.43 | 2:18.66 |

#### 14 Yrs Age Group

| Place | Name                   | AaD Club       | Time    | Points | 50    | 100     | 150     |
|-------|------------------------|----------------|---------|--------|-------|---------|---------|
| 1     | Karlie Stockdale       | 14 Barrow      | 2:31.08 | 604    | 34.26 | 1:11.21 | 1:56.70 |
| 2     | Anna Broadbent         | 14 Cockermonth | 2:33.61 | 575    | 33.73 | 1:11.91 | 1:57.56 |
| 3     | Kirkby Kavanagh        | 14 Barrow      | 2:36.44 | 544    | 34.45 | 1:16.22 | 2:00.00 |
| 4     | Emily Richardson       | 14 Co Carlisle | 2:39.96 | 509    | 35.14 | 1:14.57 | 2:00.81 |
| 5     | Katie Louise Gunson    | 14 Ulverston   | 2:40.57 | 503    | 36.18 | 1:15.54 | 2:04.77 |
| 6     | Georgia Hevey          | 14 Ulverston   | 2:40.60 | 503    | 36.69 | 1:17.09 | 2:04.27 |
| 7     | Georgia Denney         | 14 Kendal      | 2:45.21 | 462    | 34.75 | 1:14.40 | 2:10.81 |
| 8     | Laura Marr             | 14 Copeland    | 2:45.45 | 460    | 36.98 | 1:19.70 | 2:09.48 |
| 9     | Sophie McMillan        | 14 Carlisle WP | 2:48.00 | 440    | 35.51 | 1:19.20 | 2:10.58 |
| 10    | Jenny Mather           | 14 Penrith     | 2:51.34 | 414    | 35.43 | 1:19.59 | 2:11.43 |
| 11    | Lisa Foy               | 14 Ulverston   | 2:51.94 | 410    | 36.90 | 1:19.88 | 2:13.03 |
| 12    | Lydia Elizabeth Howard | 14 Ulverston   | 2:56.14 | 381    | 36.58 | 1:19.49 | 2:13.66 |

#### 15 Yrs Age Group

| Place | Name                 | AaD Club       | Time    | Points | 50    | 100     | 150     |
|-------|----------------------|----------------|---------|--------|-------|---------|---------|
| 1     | Ashleigh Dale        | 15 Barrow      | 2:26.81 | 659    | 31.38 | 1:08.83 | 1:53.54 |
| 2     | Grace Newlands       | 15 Copeland    | 2:27.33 | 652    | 34.18 | 1:12.02 | 1:53.15 |
| 3     | Amy Richardson       | 15 Co Carlisle | 2:36.31 | 546    | 33.93 | 1:12.96 | 2:01.24 |
| 4     | Carla McWilliams     | 15 Co Carlisle | 2:40.67 | 503    | 35.32 | 1:14.54 | 2:03.31 |
| 5     | Bethany Titterington | 15 Penrith     | 2:49.83 | 426    | 36.79 | 1:18.52 | 2:10.50 |

#### 16 Yrs/Over Age Group

| Place | Name             | AaD Club       | Time    | Points | 50    | 100     | 150     |
|-------|------------------|----------------|---------|--------|-------|---------|---------|
| 1     | Laura Huggon     | 18 Penrith     | 2:31.24 | 603    | 33.18 | 1:09.42 | 1:55.62 |
| 2     | Katrina MacColl  | 17 Co Carlisle | 2:39.05 | 518    | 33.64 | 1:14.60 | 2:04.01 |
| 3     | Lorna Hughes     | 16 Workington  | 2:41.48 | 495    | 33.91 | 1:15.99 | 2:05.94 |
| 4     | Courtney Mossop  | 17 Copeland    | 2:44.35 | 470    | 37.39 | 1:18.21 | 2:05.11 |
| 5     | Victoria Hevey   | 17 Ulverston   | 2:45.37 | 461    | 36.97 | 1:14.76 | 2:07.01 |
|       | Charlotte Horner | 16 Copeland    | DQ ST-  |        |       |         |         |

**EVENT 50 FINAL OF EVENT 48 Boys 16 Yrs/Over 100m Breaststroke**

| Place | Name           | AaD Club       | Time    | Points | 50    |
|-------|----------------|----------------|---------|--------|-------|
| 1     | Craig Elliot   | 22 Cockermonth | 1:07.98 | 607    | 30.78 |
| 2     | John Blain     | 17 Barrow      | 1:11.61 | 519    | 33.57 |
| 3     | Ryan Clifford  | 17 Cockermonth | 1:12.02 | 511    | 33.85 |
| 4     | Jamie Warwick  | 18 Carlisle WP | 1:14.60 | 459    | 34.78 |
| 5     | David Thompson | 17 Barrow      | 1:18.04 | 401    | 36.16 |
| 6     | Joe Elwood     | 16 Ulverston   | 1:18.09 | 400    | 37.29 |

**EVENT 51 FINAL OF EVENT 48 Boys 15 Yrs 100m Breaststroke**

| Place | Name        | AaD Club       | Time    | Points | 50    |
|-------|-------------|----------------|---------|--------|-------|
| 1     | Ben Clarke  | 15 Kendal      | 1:15.15 | 449    | 35.33 |
| 2     | Ryan Wilkie | 15 Carlisle WP | 1:19.69 | 377    | 37.14 |
| 3     | Jason Bell  | 15 Carlisle WP | 1:21.66 | 350    | 38.64 |

**EVENT 52 FINAL OF EVENT 48 Boys 14 Yrs 100m Breaststroke**

| Place | Name            | AaD Club       | Time    | Points | 50    |
|-------|-----------------|----------------|---------|--------|-------|
| 1     | Fraser Minnican | 14 Ulverston   | 1:15.35 | 446    | 35.92 |
| 2     | Haydn Birkett   | 14 Copeland    | 1:17.72 | 406    | 36.50 |
| 3     | Curtis Corrie   | 14 Barrow      | 1:18.67 | 392    | 37.57 |
| 4     | Cameron Jeal    | 14 Penrith     | 1:20.60 | 364    | 37.10 |
| 5     | Anthony Ryan    | 14 Co Carlisle | 1:20.72 | 363    | 37.73 |
| 6     | Andrew Kerr     | 14 Barrow      | 1:27.71 | 283    | 41.12 |

**EVENT 53 FINAL OF EVENT 48 Boys 13 Yrs 100m Breaststroke**

| Place | Name                   | AaD Club       | Time    | Points | 50    |
|-------|------------------------|----------------|---------|--------|-------|
| 1     | Sam Routledge          | 13 Carlisle WP | 1:20.09 | 371    | 38.56 |
| 2     | Oliver Smith           | 13 Workington  | 1:20.19 | 370    | 38.24 |
| 3     | Joel Bland             | 13 Barrow      | 1:20.68 | 363    | 38.59 |
| 4     | Scott Bailey           | 13 Copeland    | 1:21.88 | 347    | 38.39 |
| 5     | Paul Balduenza         | 13 Copeland    | 1:27.21 | 288    | 41.11 |
| 6     | Michael James Cheetham | 13 Ulverston   | 1:30.40 | 258    | 43.17 |

**EVENT 54 FINAL OF EVENT 48 Boys 12 Yrs 100m Breaststroke**

| Place | Name            | AaD Club       | Time    | Points | 50    |
|-------|-----------------|----------------|---------|--------|-------|
| 1     | Thomas Millburn | 12 Workington  | 1:18.72 | 391    | 37.37 |
| 2     | Jack Richardson | 12 Co Carlisle | 1:24.07 | 321    | 39.95 |
| 3     | Luke Greenbank  | 12 Cockermouth | 1:27.78 | 282    | 42.53 |
| 4     | Richard Stamper | 12 Copeland    | 1:28.09 | 279    | 42.62 |
| 5     | Matthew Ivison  | 12 Workington  | 1:34.05 | 229    | 44.92 |
| 6     | Jordan Hull     | 12 Co Carlisle | 1:34.20 | 228    | 45.12 |

**EVENT 55 FINAL OF EVENT 47 Girls 09 Yrs 50m Freestyle**

| Place | Name              | AaD Club      | Time  | Points |
|-------|-------------------|---------------|-------|--------|
| 1     | Megan Roper       | 9 Ulverston   | 35.23 | 308    |
| 2     | Rebecca Fell      | 9 Ulverston   | 37.03 | 265    |
| 3     | Emily Reay        | 9 Kendal      | 38.01 | 245    |
| 4     | Victoria Swan     | 9 Ulverston   | 38.86 | 229    |
| 5     | Charlotte Stamper | 9 Copeland    | 40.15 | 208    |
| 6     | Laura Robinson    | 9 Carlisle WP | 40.44 | 203    |

**EVENT 56 FINAL OF EVENT 47 Girls 10 Yrs 50m Freestyle**

| Place | Name                 | AaD Club       | Time  | Points |
|-------|----------------------|----------------|-------|--------|
| 1     | Isabel Postlethwaite | 10 Copeland    | 34.93 | 316    |
| 2     | Zara McKnight        | 10 Co Carlisle | 35.03 | 313    |
| 3     | Sarah Lightowler     | 10 Carlisle WP | 35.13 | 310    |
| 4     | Eve White            | 10 Co Carlisle | 35.79 | 293    |
| 5     | Laura Davison        | 10 Co Carlisle | 35.83 | 292    |
| 6     | Phoebe Wilson        | 10 Co Carlisle | 36.06 | 287    |

**EVENT 57 FINAL OF EVENT 48 Boys 12 Yrs/Over 100m Breaststroke**

| Place | Name            | AaD Club       | Time    | Points | 50    |
|-------|-----------------|----------------|---------|--------|-------|
| 1     | Craig Elliot    | 22 Cockermouth | 1:06.15 | 659    | 32.56 |
| 2     | Ryan Clifford   | 17 Cockermouth | 1:10.14 | 553    | 33.14 |
| 3     | John Blain      | 17 Barrow      | 1:10.35 | 548    | 32.91 |
| 4     | Fraser Minnican | 14 Ulverston   | 1:14.87 | 454    | 35.66 |
| 5     | Jamie Warwick   | 18 Carlisle WP | 1:16.32 | 429    | 35.19 |
| 6     | Joe Elwood      | 16 Ulverston   | 1:20.91 | 360    | 37.84 |

**EVENT 58 FINAL OF EVENT 47 Girls 09 Yrs/Over 50m Freestyle**

| Place | Name            | AaD Club       | Time  | Points |
|-------|-----------------|----------------|-------|--------|
| 1     | Laura Huggon    | 18 Penrith     | 27.20 | 668    |
| 2     | Georgia Denney  | 14 Kendal      | 28.89 | 558    |
| 3     | Lucy McKenzie   | 12 Cockermonth | 28.95 | 554    |
| 4     | Ashleigh Dale   | 15 Barrow      | 29.29 | 535    |
| 5     | Anna Broadbent  | 14 Cockermonth | 29.39 | 530    |
| 6     | Katrina MacColl | 17 Co Carlisle | 29.62 | 517    |

**EVENT 59 FINAL OF EVENT 46 Boys 09 Yrs/Over 200m Butterfly**

| Place | Name            | AaD Club     | Time    | Points | 50    | 100     | 150     |
|-------|-----------------|--------------|---------|--------|-------|---------|---------|
| 1     | Joe Elwood      | 16 Ulverston | 2:09.70 | 630    | 28.34 | 1:01.20 | 1:35.67 |
| 2     | Fraser Minnican | 14 Ulverston | 2:11.11 | 610    | 29.14 | 1:02.46 | 1:37.48 |
| 3     | Curtis Corrie   | 14 Barrow    | 2:20.66 | 494    | 31.40 | 1:07.59 | 1:44.61 |
| 4     | John Blain      | 17 Barrow    | 2:21.15 | 489    | 31.53 | 1:07.70 | 1:45.43 |
| 5     | Matthew Holmes  | 15 Barrow    | 2:36.42 | 359    | 32.16 | 1:09.47 | 1:51.39 |
| 6     | Andrew Kerr     | 14 Barrow    | 2:41.06 | 329    | 35.04 | 1:15.62 | 1:57.86 |

**EVENT 60 FINAL OF EVENT 49 Girls 09 Yrs/Over 200m IM**

| Place | Name             | AaD Club       | Time    | Points | 50    | 100     | 150     |
|-------|------------------|----------------|---------|--------|-------|---------|---------|
| 1     | Laura Huggon     | 18 Penrith     | 2:24.04 | 697    | 31.42 | 1:06.67 | 1:50.40 |
| 2     | Lucy McKenzie    | 12 Cockermonth | 2:25.30 | 679    | 32.74 | 1:09.49 | 1:53.14 |
| 3     | Ashleigh Dale    | 15 Barrow      | 2:25.61 | 675    | 31.32 | 1:07.70 | 1:52.61 |
| 4     | Grace Newlands   | 15 Copeland    | 2:27.14 | 654    | 33.89 | 1:10.72 | 1:53.25 |
| 5     | Anna Broadbent   | 14 Cockermonth | 2:32.71 | 585    | 34.7  | 1:12.81 | 1:57.82 |
| 6     | Karlie Stockdale | 14 Barrow      | 2:32.86 | 584    | 34.66 | 1:12.59 | 1:58.71 |